Newmarket News

Wednesday, April 16, 2014 newmarket-news.co.uk

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UB40 join the Nights line-up

Story on page 7

MY BATTLE WITH POSTNATAL DEPRESSION

Feature on pages 22-23

Frankie's house for sale

Story on page 2 and Property News, page 46

FOR BREAKING NEWS AND UPDATES VISIT OUR WEBSITE: NEWMARKET-NEWS.CO.UK

Anger as youth filmed swallowing a goldfish

RSPCA and residents disgusted over YouTube clip filmed at Newmarket fair

NATALIE ROBINSON

RESIDENTS have reacted with anger and disgust after a video posted on YouTube showed a teenager apparently swallowing a live goldfish at a fun fair in Newmarket.

The video, uploaded to YouTube on April 5, appears to show the boy take what is said to be a live goldfish from a bag before putting it in his mouth and swallowing it.

More than 1,200 people have watched the clip, during which one of the group with the boy asks "where's the fish?" and another replies, "he just ate it".

When the video was posted on social media, many vented their anger.

On the Spotted in Newmarket Facebook page, Rachael Raines posted: "Oh dear, with no compassion for small animals is there any wonder why cruelty to other animals is on a rapid increase?"

Caroline Cummins added: "[It is] wrong and idiotic if any of you think it's OK for an act like this to happen."

Larry Gray, of L Gray and Sons Funfairs, which ran the fair on George Lambton Playing Fields from April 2-5, said the incident was "disgusting" and "disgraceful".

He said: "That is terrible. We completely condemn this and we are very upset to hear about it. Goldfish are given as prizes at the fair but they are only given to adults or adults with families.

"Stall holders would not give goldfish to teenagers. We are very surprised to see this. It is absolutely disgraceful."

Eating live fish is an offence under the Animal Welfare Act according to the RSPCA.

Spokeswoman Katya Mira said: "Eating a live animal and posting a film of it on the internet is not some light-hearted joke – it is unacceptable.

"It sends out a clear message that animal cruelty is OK as long as it is in the guise of entertainment."

She added that a number of similar cases had been reported to them recently, thought to have been because of the Neknominate trend – where people encouraged Facebook friends to take part in bizarre drinking games – but they feared they could be "just the tip of the iceberg".

In 2012, Louis Cole uploaded footage to YouTube of him eating a goldfish, which saw the RSPCA launch an investigation on the grounds of causing unnecessary suffering to an animal under the Animal Welfare Act 2006 and for breaching the duty of a person responsible for an animal to ensure its welfare.

The RSPCA would like to hear from anyone with information about the person in the video.

Call the RSPCA on 0300 123 8018.

What do YOU think?
Email us at editorial@newmarket-news.co.uk or visit newmarket-news.co.uk

Pleased to meet ewe

FAMILIES took the opportunity to cuddle and feed some orphaned lambs at La Hogue Farm near Chippenham at the weekend. Pictured is Jack Reeks, 6.

Turn to Page 3 for full story and more pictures.

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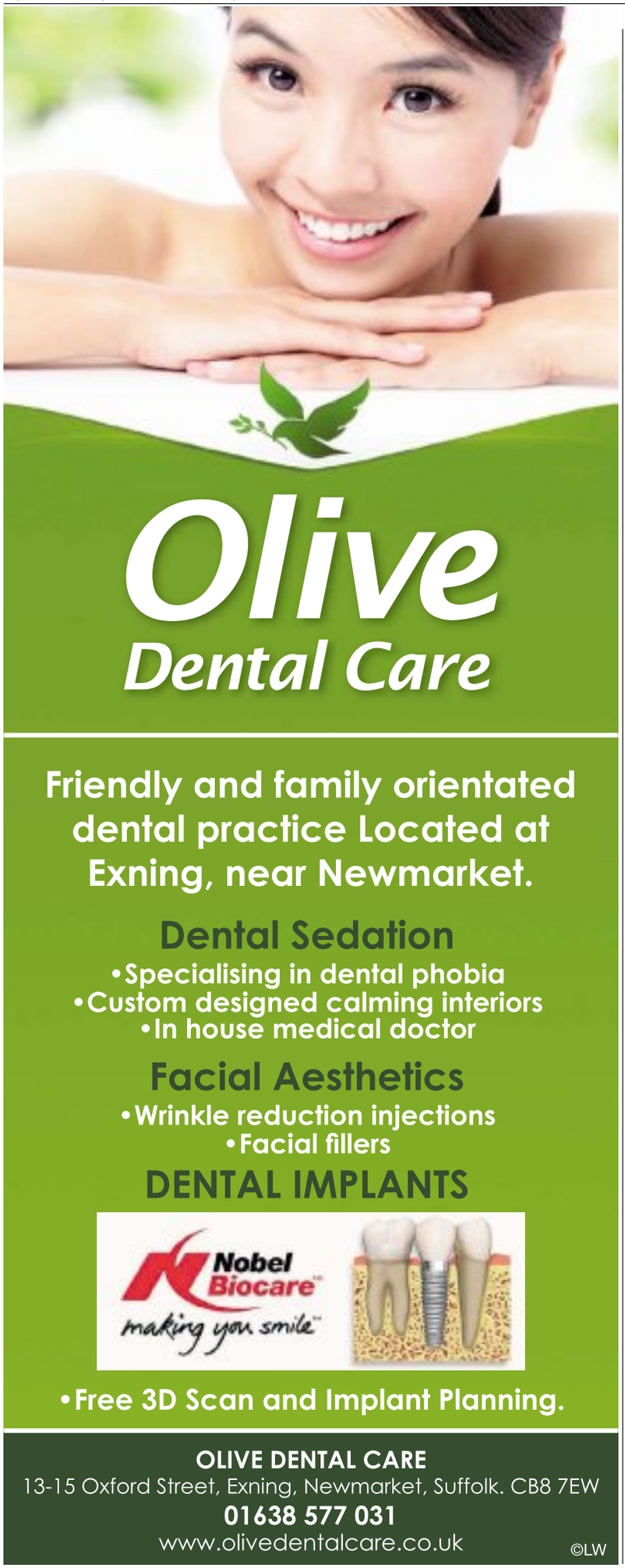

ON THE MARKET: Frankie's home, boasting five bedrooms, a menage, indoor swimming pool, and a fitness suite

More pictures online at newmarket-news.co.uk

Home fit for a . . . champion jockey

THE family home of champion jockey Frankie Dettori has gone on the market this week – for £2.75 million.

The Grade II listed "party house", White Horse Stables in Stetchworth near Newmarket, has been home to Frankie and his wife Catherine for 16 years since they moved in on their wedding night.

After raising their five children in the home, they are now upping sticks – but they're not going far from horseracing HQ as they move into a new home a few miles away.

The property was built in 1905 for the Earl of Ellesmere by architect Charles Voysey, and spans 15.4 acres.

It's on the market with Jackson-Stops and Staff.

■ See page 46 in our Property News for more details.

Andrew's race team reach US

■ NEWS REPORTER

A SAILOR who was thrown overboard into the Pacific Ocean is back on dry land after his yacht team completed the latest stage in a round-the-world race.

Andrew Taylor, who grew up in Newmarket, had to be pulled from the water after he fell into the sea during a storm on March 31.

The 46-year-old was in the water for 90 minutes. Despite his ordeal, which left him suffering from hypothermia and severe shock, Mr Taylor was alongside the rest of his crew as they completed the 10th stage of the Clipper Round the World Yacht Race.

They came in sixth place, and sailed under the Golden Gate Bridge, San Francisco, at 9.28pm on Saturday.

Mr Taylor has since been transferred to the city's hospital. Doctors revealed that his leg is deeply bruised, not broken.

He said: "I'm under no illusion that I am a very lucky man. I'm very happy to be here in San Francisco – I need to say thank you to a lot of these guys behind me for the work that they put in for the search and rescue operation."

A surgeon will assess Mr Taylor's leg on Monday to decide whether he can continue with the final stages of the 40,000 mile race – the longest in the world.

Mr Taylor's yacht was about halfway through the 5,600-mile leg across the Pacific, from Qingdao, China, to San Francisco when the accident happened.

He was trying to change a head sail with Irish skipper Sean McCarter when the boat rolled violently and he was thrown into the water, despite being clipped on.

He said: "I kept myself really busy whilst I was in the water.

"There was a lot for me to do, a lot for me to concentrate on, and what I needed to do to survive.

"The guys on the boat were doing everything they needed to do so it was important I did the same.

"There were a few times I did wonder if I was going to get back on the boat or not but I'm here and on the boat, many thanks to the crew. It was an epic piece of work to find me."

The 11th leg of the race will start on April 19.

Teams will race down to Central America, through the Panama Canal and then onto New York via Jamaica.

Join a fishing match for charity

GO fish at a charity match this weekend.

Mildenhall-based fishing shop Carping On will be holding a charity fishing match on Saturday at Jeagor Farm Fishery to raise money for Help for Heroes.

Carping On owner Steve Calder said: "Help For Heroes provides invaluable support for our wounded and their families. So we're delighted to be involved with the event, which is set to boost the coffers of this most deserving charity."

The match will run from 10am to 4pm and the entry fee is £10. Call (01638) 713707.

More pictures online at newmarket-news.co.uk

SPRING HAS SPRUNG: The new-born lambs make new friends at La Hogue

Baa-dorable baby lambs get a feed from visitors

ADORABLE baby lambs melted hearts at a farm near Newmarket this week.

A total of 400 ewes started lambing at the beginning of April, and 22 orphaned baby lambs were gladly fed by their new parents at La Hogue farm on Monday.

The lambs were orphaned and taken under the wing of the farm's visitors when their mothers were either too ill or had multiple lambs so didn't have enough milk to feed them.

Instead, children from around Suffolk took to their pens to rear them.

Chris Reeks, owner of La Hogue, said: "The feedings are going really well so far.

"The sessions are almost fully booked.

"The children seem to be really enjoying the interaction with the lambs.

"It's a great opportunity for the children that they wouldn't normally get."

Opportunities to feed the baby orphan lambs continue for the rest of the week until April 21, excluding Easter Sunday.

Sessions run at 11am or 3pm each day.

To book, go to *lahogue.co.uk* or call 01638 751128.

» in brief

Chip shop blaze

OFFICERS were called to a "severe" fire at a fish and chip shop in Newmarket on Saturday.

The blaze, which was called in at 10.20pm, happened at Central Fish Bar, on Market Street.

Two fire engines attended the scene to extinguish the fire and ventilate the property.

The fire was extinguished shortly after 11pm.

Deer rescued

FIRE officers were called to the aid of an injured Muntjac deer in Newmarket on Friday.

The animal was reported as being trapped in Fred Archer Way - but when crew arrived shortly after 4.50pm, the animal had been freed.

The crew assisted with detaining the deer until the arrival of a vet.

Officers were back at base just before 5.40pm.

Inquest opens

AN inquest has been formally opened into the death of a 43-year-old man from Newmarket.

The body of Andrew Steele was found at his home in Aureole Walk on February 28.

Suffolk Coroner Dr Peter Dean, sitting at Ipswich last Wednesday, said a post mortem examination had confirmed the cause of death as hanging. Dr Dean adjourned the inquest to allow further inquiries to be made.

Speedway noise battle: 17,000 back campaign

■ NATALIE ROBINSON

PETITIONS launched by the owners of Mildenhall Speedway in the latest step of a legal battle over noise have almost 17,000 signatures.

Last month, the Supreme Court granted an appeal made by Katherine Lawrence and Raymond Shields, reawarding them £20,000 compensation because of the noise they endured from the stadium at their home in Fenland, Cooks Drove in West Row. The property is 560 metres from the home of the Fen Tigers speedway team, Mildenhall Stadium.

The petition, entitled 'Save Mildenhall Stadium and give rights to existing activities with planning permission and local residents' support', urges Parliament to overturn the decision, which they say would "save stock car racing and speedway at Mildenhall".

In a statement, RDC Promotions said: "This decision not only threatens the future of Mildenhall Stadium, which stages around 40 motor racing events a year and as many as two greyhound meetings a week, but also threatens the future of all motor racing venues as well as all sporting, leisure and arts venues."

RDC Promotions have also called on Parliament to change the law, protecting other venues from legal action.

While the online petition is on its way to passing 12,000 signatures, the paper petition has reached around another 5,000 people.

Michael Coventry of RDC Promotions added: "We hope to have another element to the campaign to involve those under the age of 18 who are not allowed to sign the petition but we feel should be allowed a say as their hobbies are under threat from this as well."

Ms Lawrence and Mr Shields lived at the address between January 2006 and May 2010. The couple claimed they did not know they were moving near the stadium. They were awarded £20,000 damages from the High Court in 2011 before they were stripped by the Court of Appeal in 2012.

They were then reawarded again last month by the Supreme Court, which will be giving the £20,000 to the couple on May 15.

community learning and skills development

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FUN BEGINS: Local children at the opening of the new play area with Sir Jim Paice

MP helps to launch new play area

A NEW play area was unveiled in Stetchworth on Friday – just in time for half term fun.

The Ley Road Recreation Ground, located behind the Ellesmere Centre in Stetchworth, was subject to a complete renovation thanks to a grant from the SITA trust.

Stetchworth Parish Council was awarded £25,000 towards the cost of refurbishment from the trust to improve facilities in the area.

It was officially opened by Sir Jim Paice on Friday.

He said: "I am delighted to officially open the play area in Stetchworth.

"The local community has worked hard to secure funding for this project and I hope the children enjoy the enhanced facilities.

"A lot of thanks must go to everybody who ensured the improvements could take place. This is a great example of what can be achieved when our communities work together."

Videos explain life with autism

■ NATALIE ROBINSON

A CHARITY near Newmarket is highlighting the achievements and challenges of people with autism in a series of "honest and powerful" videos.

Red2Green, based in Swaffham Bulbeck, has commissioned 10 short films in which people with autism talk about their life.

Interviews, which have been uploaded to Youtube under the channel In Good Company UK, include world champion kick boxer Jo Redman, who was diagnosed with Asperger's as an adult.

In the video she said: "I spent so much time worrying about the things I couldn't do and why I couldn't do them, when I was diagnosed it was like a flashlight to say "there is nothing actually wrong with you, you just are a little bit different".

"I now know who I am, I know why I do the things I do and I can put changes in place so I can do what I want to do.

"I don't believe I would be a world champion in my sport if I didn't have Asperger's and that's simply because of the traits I have of attention to detail and analysing things.

"I would spend hours analyisng my video to perfect my techniques and the things I was doing wrong in fights."

The project, funded by the lottery through Awards for All, features clients of Red-2Green's aspirations service, both in front of the camera and conducting interviews.

Chief executive of Red-2Green Ruth Rogers said: "If you google autism, many of the results give a negative view and we wanted to show the positives too.

"The Youtube site shows how other people can make their own films and we hope they will.

"I am grateful to all the people who were involved in this project."

To view the short films and to find out how to make your own, go to *bit.ly/1kAsJZj*.

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Slow down, for safety's sake – police

SPEEDING motorists will be targeted by police as part of a week-long enforcement campaign.

Until Sunday, April 20, increased checks will be held throughout Suffolk as part of a Europe-wide campaign co-ordinated by european traffic police network, TISPOL.

Police will speak to drivers, highlighting the dangers and consequences of speeding.

Chief Inspector Chris Spinks said: "We will stop and speak to drivers who exceed the limit, using a mix of education and enforcement to get the message through to slow down, for safety's sake."

UB40 final act to join Nights line-up

■ NATALIE ROBINSON

THE final act of Newmarket Nights has been announced – and reggae-pop band UB40 will be joining Peter Andre and Dizzee Rascal on the line-up.

Band members Ali Campbell, Astro Wilson and Mickey Virtue will be headlining The July Course on July 25 as part of the 28th season of Newmarket Nights.

UB40 were formed in 1978 and had more than 50 songs in the UK Singles Chart, with the most popular tracks including *Red, Red Wine* and *Can't Help Falling in Love.*

Over 100,000 people flock to Newmarket every year to enjoy a variety of live artists. This year, everyone from Dizzee Rascal to Tom Jones will be heading the lineup.

Amy Starkey, regional director east of Jockey Club Racecourses, said: "Some of the most famous artists and bands of all time have played at Adnams Newmarket Nights.

"We are delighted to be announcing UB40 as the seventh and final booking for the 28th season.

"We're expecting plenty of interest in tickets, so all racing and music fans are urged to book their places as soon as they can."

TAKING TO THE STAGE: Band members Ali Campbell, Astro Wilson and Mickey Virtue as UB40

The 80s group join other acts on the Newmarket Nights line up including 90s hearthrob and Mysterious Girl's Peter Andre, legendary crooner Tom Jones and Wet Wet Wet.

The Beach Boys, James Blunt and Dizzee Rascal are also on the line-up, alongside the ever-controversial James Arthur, who won X Factor in 2012.

Running between Friday, June 20 and Friday, August 15, each act will take to the stage in the evening after racing.

Tickets for UB40 are available from newmarketracecourses.co.uk or 0844 579 3010: £35 (Premier Enclosure), £30 (Grandstand & Paddock) and £23 (Family Enclosure).

Tickets for children aged 5-17: £18, £17 and £12 respectively. Children's tickets are limited and must be purchased in conjunction with adult tickets.

Once the reduced price child ticket allocation has been reached, adult prices apply.

All under 16s must be accompanied by an adult. To purchase tickets go to *newmarketracecourses.co.uk* or call 0844 579 3010.

CELEB SPOTTING: Greg James and Jack Whitehall during their visit to Warren Place. Pictures courtesy of George Scott

Celeb duo visit Warren Place

A STABLES in Newmarket played host to two special guests last weekend as comedian Jack Whitehall and DJ Greg James came to the town.

The pair visited Warren Place stables to view their syndicate horses.

The Warren Place Syndicate was set up by Trainer Lady Cecil and assistant George Scott last autumn. Greg and Jack came to town to visit their new recruits, with Jack even photographed on the horse himself.

Speaking to the *Racing Post*, Lady Cecil said: "It was a pleasure having Jack and Greg visit us. It was the first time they had been to a racing stable and they seemed to really enjoy it.

"We look forward to seeing them again and hope their first ownership experience proves to be a successful one."

Whitehall and James-spotting also took off on Twitter, with one user claiming to have spotted comedian Jack in Pizza Express and another claiming he'd been seen in a local nightclub.

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Newmarket News

The Newmarket News is your truly local newspaper for the town and surrounding villages. We pride ourselves on producing publications for the community and about the community and aim to provide the very best service for readers and advertisers alike.
At the same time, we are constantly looking to improve our title and are always happy to hear from you with suggestions and comments.
If you have any feedback for us then please contact the relevant person or people listed below.

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Work must pay

LAST Friday, people across the country spent a day fasting as part of a national campaign to draw attention to hunger in Britain. I joined in because think it's wrong that there are now 55 foodbanks in the east of England. Even though the people who run them are doing a fantastic job, it's surely a job that they shouldn't have to be doing at all.

To my mind, it's up to Government to make sure that work pays enough for people to properly provide for their families, that food is marketed in a way which allows people to afford a healthy diet, and crucially, that the welfare system actually does its job of providing a robust last line of defence against hunger in this country.

This isn't welfare scrounging: it's one of the arrangements we make to help each other, in a civilised society.

Obliging people who haven't got enough to eat to fall back on the goodwill of charity volunteers is a step back to a dangerously Dickensian past.

Everybody knows that food prices have been rising; they've doubled in the past 10 years.

Now the Government's welfare cuts have led to benefits sanctions being imposed on thousands more people – more than 60,000 in the east in 2012/13.

It's shocking that the number of people treated for malnutrition in our region actually rose from 209 in 2008 to 331 in 2012.

The government may be content for this to happen, but are we? The Trussell Trust, one of the largest operators of foodbanks, supported last week's action along with Church Action Poverty and the Quakers (to whom I belong). They all agree, we shouldn't simply accept the existence of foodbanks as a new fact of life without understanding the reasons why they're suddenly so needed.

Rupert Read, lead Green Party MEP-candidate in Eastern England

■ **STUDENTS at Newmarket College were treated to a special guest as Professor of physics Sir John Enderby visited. The professor talked to students on the subject 'Why James Bond needed Prime Numbers' in the College's Bill Tutte Club.**

Golf challenge

FOR readers who like me, love nothing more than hitting the golf course, I have the perfect summer challenge.

On 13th June, hundreds of golfers will tee off as the sun rises and in teams of four, attempt to play four courses before it sets – 72 holes, 15 miles of fairway.

By joining them and taking on the Muscular Dystrophy Campaign's Four Course Classic event, you can help the charity fund vital medical research and support for 70,000 families in UK living with rare muscle-wasting conditions.

There are great courses near you taking part and chances to win fantastic prizes, so gather friends – or rivals – and prepare for some serious golf.

To find out more visit *fourcourseclassic.co.uk*, email *golf@muscular-dystrophy.org* or call 020 7803 4824.

Sam Torrance OBE

In passing

To keep myself trim and lean
I often stride the lanes and paths
Up Old Cross Green,
Many times I passed a rundown cottage
So unkept t'was a sight to be seen;
Its tiny glass paned windows
were always shut;
Its grass in the garden
was never cut;
But its lovely pastoral front door
was a kind of faded glass green;
It was numbered twice top and bottom
To be sure number eighteen.

Then again passing during the new year
I glanced and looked with a gut fear,
To see a solitary bunch of flowers
On the step below the front door;
The message that tells you
Someone's no more.
The flowers had colours of pink
White and violet I think;
With lots of ferny leafy green green
Just up the lane of Old Cross Green.

R Gibson
Dullingham

COMMUNITY NEWS

> > Email your Community News to editorial@newmarket-news.co.uk

>> Mildenhall

ANNUAL PARISH MEETING
This Thursday evening, April 17, brings the annual parish meeting at Mildenhall when the Parish council, through its chairman, its associated representatives like county councillors and RAF representatives and many of the organisations and clubs in the town formally report to the electors what has been happening within its boundaries during the past year.
It will also be the formal final opportunity for the public to bid farewell to retiring clerk of the council Val Shrimpton, who leaves at the end of the month, and to meet the newly-selected clerk, Mandy McGuire. Also likely to be present will be the three new council members who have been co-opted to vacancies which have appeared in recent months.
More importantly, perhaps, this is the occasion when members of the electorate are able to ask questions with a full report of these proceedings going for consideration to the annual meeting of the Parish council which will be held on May 29.
The meeting this Thursday in the Jubilee Centre (Bill Abbs Hall) begins at 7pm, with anyone else wishing to present a report being asked to inform the clerk as soon as possible on 713493.

OTHER ANNUAL MEETINGS
In this two month period when club and organisations annual meetings crop up, the Mildenhall and District Probus Club, having heard their final speaker on April 14, will hold their general meeting on April 28 with a short talk by veteran member Ken Teasdell after the formal club business. They will then be holding a Boys' Lunch at the Riverside Hotel later the same day.
This Thursday, April 17, sees the annual general meeting of the well-known Beck Row Thursday Club, where there will be elections for officers and committee seats. The club programme for the following meeting is already fixed, with the final places being booked this Thursday for the splendid South Norfolk tour on May 1, when members and guests will be travelling along the A1066 via Bressingham and on the A140, ending up in Norwich.

MUSEUM EXPANDS ITS HOURS
Following the reopening of the splendidly refurbished Mildenhall Museum, its hours of admission have now been increased, with even more time to come on Thursday mornings in July and August.
Its very keen supporting group, the Museum Society, will be staging a fish and chip evening with quiz in the Jubilee Centre on Friday, May 23. **JOHN BARKER**

Jockey's fall 20 years ago 'contributed to her death'

■ NEWS REPORTER

A FALL in which a leading lady jockey was paralysed contributed to her death more than 20 years later, an inquest has heard.

Sharron Murgatroyd, 54, died in West Suffolk Hospital on March 28 after being admitted following a suspected heart attack at her home in Newmarket Road, Kennett, three days earlier.

The inquest at Ipswich heard that despite initially making progress, Miss Murgatroyd's condition began to deteriorate.

She died on the evening of March 28 while members of her family were travelling to the hospital from their home in Keighley, West Yorkshire.

A post mortem examination confirmed that death had been due to pneumonia.

In a statement, Dr Charles Parker, a member of the team treating Miss Murgatroyd, said injuries sustained in 1991 during a race at Bangor had left her particularly prone to chest infections and respiratory problems.

Dr Parker said her injuries had contributed to her death although it was not possible to say by what extent.

The inquest heard how Miss Murgatroyd was left paralysed from the chest down after her horse Independent Air fell at the last in a race at Bangor.

Despite initially being given a life expectancy of five years, she went on to write four books, went scuba diving and helped raise money for the Injured Jockeys Fund with a tandem skydive.

Her lifetime interest in horses had begun in childhood when her parents purchased a pony and after leaving school at 16 she went to work in the racing industry, going on to win seven flat races and seven over jumps.

She went on to open her own livery stables at her home in Kennett before her accident.

Recording a verdict that Miss Murgatroyd died as a result of pneumonia, Suffolk Coroner Dr Peter Dean said: "She clearly was a brave and inspirational person."

INSPIRATIONAL: Sharron Murgatroyd and, inset, during her racing days

Post your tributes to Sharron Murgatroyd at newmarket-news.co.uk

Court date set for death accused

A MAN appeared in court on Friday charged with causing the death of Anthony Pinney, who died in Soham last year.

Conor Gosling, 20, of Beauchamp Close in Eaton Socon appeared in Cambridge Magistrates' Court on a charge of death by dangerous driving.

Mr Pinney, of Isleham Road, died on August 4 last year when his Honda 125cc motorbike collided with a black Fiat Punto at the A142 junction with Northfield Road, Soham.

At the time, his family said in a statement: "We are deeply saddened and hurt by the loss of a wonderful man.

"Anthony was a retired painter and decorator who was a very keen fisherman and photographer. He was a quiet man who enjoyed photographing wildlife and spending time with his children and grandson."

The case was adjourned on Friday at Cambridge Magistrates' Court and was sent to Cambridge Crown Court to be heard tomorrow, April 17.

Family Announcements
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Deaths

WOOD Gareth

passed away peacefully at his home in Fordham on Monday, 7th April, 2014, aged 75 years. Loving husband of Judith, father of Chris, Jackie and Alison, cherished Grandad of Amy, Sam, Zoe, Alex and Kate and brother to Margaret. Funeral service at St Peter and St Mary Magdalene Church, Fordham on Thursday, 17th April, at 10.30am, followed by private committal. Family flowers only and donations in his memory to be made at the church. For any enquiries please phone C E Fuller and Co. 01353 720439

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Family Announcements

FLYING SOLO: Hayden after his first solo flight, with his instructor Michael Skakles

Solo flight leaves Hayden on a high

■ NATALIE ROBINSON

IT'S not every day you get the opportunity to fly a plane.

And for Hayden Jakes from Newmarket, it's not just an experience but also a lifetime ambition.

17-year-old Hayden took to the skies for the first time on his own last week in a Cessna 172, thanks to the Cambridge Aero Club.

Hayden, a first year apprentice, said: "It was absolutely amazing to be flying without somebody sitting beside me, although the penny didn't actually drop until I nearly came into land that I was all by myself.

"It really was an amazing experience."

Hayden, who attended St Louis Primary School in Newmarket before moving to Spain, has now returned to the UK to undertake an apprenticeship with Marshalls in Cambridge.

He now hopes to continue the course before he can collect his private pilot's licence.

Currently, Hayden is one of the youngest members of the Aero Club.

Its oldest member, a 100-year-old man, completed his first flight last year.

After he landed, Hayden was congratulated by Robert Marshall, whose grandfather founded the club back in 1929.

Terry Holloway, Cambridge Aero Club's managing director, said: "I was thrilled and delighted to be present when Hayden completed his solo flight.

"It was an added bonus that our group chief executive officer Robert Marshall, whose grandfather founded the Cambridge Aero Club in 1929, was also on hand to congratulate Hayden on this fantastic achievement of a first solo.

"Hayden completed an immaculate circuit and a very good landing and we now look forward to him completing his private pilot's licence."

To be given a private pilot's licence, prospective pilots need to fly solo for ten hours.

Hayden hopes to achieve his private licence this summer.

Discount stores are booming

INDEPENDENT discount stores in Suffolk could be a rival to discount chains such as Aldi or Lidl, a new survey has found.

Specialist wholesaler Rowan asked 2,000 adults and found that 58.90 per cent of people living in Suffolk and Norfolk shop in independent discounters, with 78.13 per cent of those saying they would continue to use the stores even if their financial circumstances improved.

James Russell, Rowan's commercial director, said: "It's no secret that Aldi and Lidl have grown recently – they are big chains, so this gets noticed.

"However, their smaller rivals have also boomed, but this has slipped under the radar. Arguably the growth of British independent discounters is the more significant trend across the UK and more specifically in East Anglia."

The discount stores were said to be a threat to these large chains because they are on the high street.

Abba in town for St George

CELEBRATE St George's Day next week by enjoying a concert by a well-loved tribute band.

Abba Magic will be taking to the Memorial Hall in Newmarket on Saturday, April 26 as St George's Day celebrations begin.

Cllr David Hudson, chairman of the St George's Day committee, said: "Have fun celebrating England's history, heritage and culture, dancing to music from one of this country's best loved bands."

A fish and chip supper and a bar will also be open. Tickets cost £15 each. To book, call into the Memorial Hall, phone (01638) 667227 or email *kay.dawson@newmarket.gov.uk*.

CCTV: Do you know this man?

CCTV image released after thefts in shop

POLICE have released a CCTV image of a man that they would like to speak to after two incidents of theft from a shop in a Newmarket shopping centre.

At around 1.30pm on Thursday, April 10, a man walked into Superdrug in the Guineas Shopping Centre.

He put a number of cosmetic products into a rucksack before leaving.

The theft is being linked to another incident of theft on Tuesday, March 25 where a man entered the same store in the Guineas at around 12.30pm.

On this occasion police said he had again put cosmetics into a black rucksack.

The man is described as white, and in his late twenties to early thirties.

He has dark hair, was wearing jeans, a light blue jacket and dark trainers.

Police have now released a CCTV image of a man they would like to trace and speak to in connection with the incidents over the last few weeks.

If you recognise the man in the image or have information that may help police, contact PC Nick Chapman on 101 quoting reference NE/14/578.

Alternatively, call Crimestoppers anonymously with any information on 0800 555 111.

£135 raised with coffee and cakes

COFFEE and cakes were on the cards for visitors to a care home in Newmarket on Friday as they raised money and awareness for Parkinson's disease.

The event was held as part of Parkinson's Awareness Week, running from April 7 to April 14.

Jill Stapleton, who helped to organise the event, said: "It went very well.

"We raised about £135.50 but we are still raising money from our collection box and we're selling quizzes too."

CAKES FOR GOOD CAUSES: Jean Reynolds, Pam Harris and Marion Cork.

Sculptor captures victorious Makfi

■ NATALIE ROBINSON

A FAMOUS racehorse is set to be immortalised in a life-size sculpture by a local artist.

Twenty-five-year-old Edward Waites, from Chippenham, has spent six weeks scupting Makfi, a horse known for his success in the 2,000 Guineas in 2010.

Edward created the metal structure, taking three weeks, before moulding the clay, which took another weeks to finish.

Edward said: "I have chosen to sculpt Makfi as I have already sculpted his sire Dubawi and they share a few characteristics.

"I had originally done a smaller sculpture and then decided to do this much bigger size.

"Makfi has a handsome head with a wide jaw and a strong form. He is quite cheeky as well."

Three-year-old Makfi, who currently stands at Tweenhills stud, in Gloucester, was trained by French trainer Mikel Delzangles and is best known for winning the 2,000 Guineas in 2010 and his Group One glory in defeating Goldikova in the Prix Jacques le Marois at Deauville.

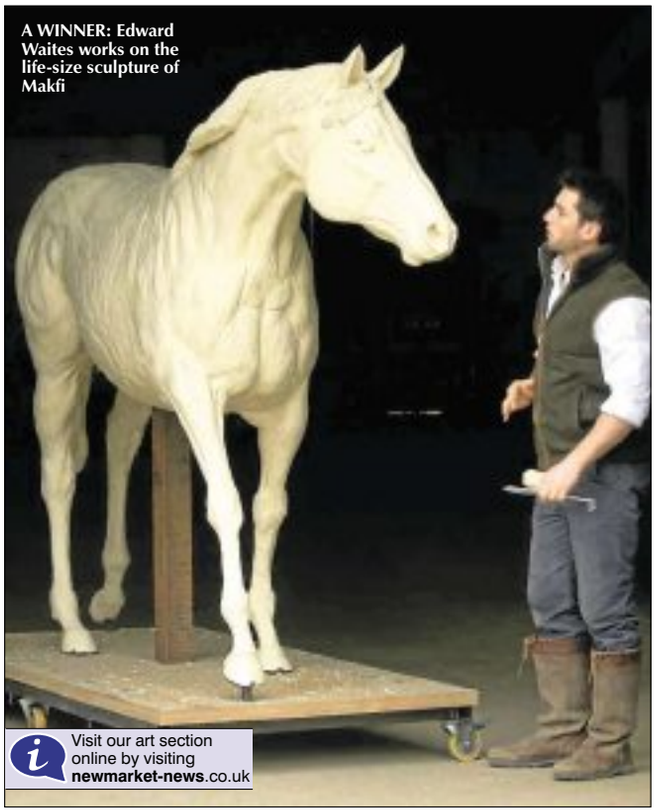
His life-size replica will be exhibited in Newmarket as part of the Guineas Festival on May 3 and 4, where Edward will present the sculpture to the horse's owner.

He added: "He is owned by Sheikh Fahad Al Thani from Qatar.

"I will be showing the piece at the Guineas and it will be presented to Sheikh Fahad on the day.

"I am quite nervous to present it because he owns the horse and Makfi has a lot of features that set him apart."

Makfi will then take up residence at the Chelsea Flower Show between May 20-24 and will eventually be cast in bronze, a process that can take about eight months.



A WINNER: Edward Waites works on the life-size sculpture of Makfi

Visit our art section online by visiting newmarket-news.co.uk

25,000 Suffolk properties get faster internet

MORE than 25,000 properties across Suffolk are now eligible for faster broadband.

The Better Broadband for Suffolk programme is now in its eighth month of action, and a quarter of those expected to benefit from its implementation can now apply to use the new technology.

By the end of 2015, Suffolk County Council has pledged to have every property in the county on at least 2 megabites per second for their service.

Mark Bee, leader of Suffolk County Council and chair of the programme, said: "We're now making significant inroads into more rural parts of the county – precisely what we set out to do when we launched Better Broadband for Suffolk."

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Suffolk crime rates drop by 7.1 per cent

CRIME rates in Suffolk have decreased over the past year – but drug offences have increased by 6.3 per cent, the police have announced.

A drop of 7.1 per cent was recorded across Suffolk last year, with 2,793 fewer crimes being recorded in the county. A total of 36.441 were recorded across the county.

The number of crimes solved by Suffolk police has also increased by 2.4 per cent.

Vehicle crime also decreased by 17 per cent and domestic burglary also decreased by 24 per cent in the last year.

But the number of drug offences increased by 6.3 per cent, with 116 crimes committed from April 1, 2013, to March 31, 2014.

Chief constable Douglas Paxton said: "We share a vision with the PCC of making Suffolk a safer place to live, work, travel and invest. Our performance this year reflects an organisation which is dedicated and determined to make Suffolk safer.

"Crime is down and our solved rate is up, reflecting a real team effort by officers and staff across the force."

PCC Tim Passmore said the figures fitted into the county's police and crime plan.

Parish council could expand

■ NATALIE ROBINSON

A PARISH council could be set to expand in the next election following a review by Forest Heath District Council (FHDC).

Kentford's council could increase in size from five councillors to seven if current proposals are successful.

An increased number of councillors is expected to lead to improved democracy, greater engagement and better local service delivery.

FHDC said it was reviewing the governance of Kentford because the number of councillors currently had "caused difficulty" for the parish council.

This was said to be because of the number of planning applications being submitted, making their workload increase "substantially".

The size of the council meant that problems arise with having a quorate meeting if some councillors are unable to attend, particularly if there is a vacancy on the council, the FHDC website said.

For the next month and a half, local residents will be invited to have their say during a consultation which will decide the final outcome.

HAVE YOUR SAY: Cllr Stephen Edwards

Cllr Stephen Edwards, FHDC's cabinet member for resources, governance and performance, said: "Any changes in the parish's electoral arrangements must reflect what is best for the community – in terms of improved local democracy, greater community engagement and better local service delivery.

"So I would urge electors and other interested parties to have their say during the consultation."

Government guidance on community governance suggests there should be a minimum of seven parish councillors, the website added.

The consultation into Kentford Parish Council started on Monday, April 7 and will run until May 16. Further opportunities for residents to comment will be available after a proposal has been published.

If agreed, approval and publication of the final proposal will be held later this year in October at council, with the community governance order coming into effect for financial and administrative purposes on April 1, 2015.

To request a survey, call (01638) 719308 or email *legal@westsuffolk.gov.uk*.

What do YOU think?

Email us at editorial@newmarket-news.co.uk or visit www.newmarket-news.co.uk

Be a host family for international students

FAMILIES are being asked to take part in an initiative to bring international students to Newmarket.

Working with Samuel Ward Academy in Haverhill, Newmarket College is inviting students, mostly aged 16, to attend the college and live with host families so they are immersed in British life.

Host families provide the students with room and board, with a room where they can study. A member of staff will be available at the college to support them and will be responsible for their emotional welfare.

Families will receive £100 per week for the duration of their stay in Newmarket, which usually lasts two terms.

Nick Froy, head of Newmarket College, said: "The programme is well established in Haverhill and has brought substantial benefits to Samuel Ward and their students in developing their language skills and broadening their understanding of Europe's different cultures."

For details, contact Nick Froy at Newmarket College on 01638 664412.

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@ 9.30am & 6.00pm & 7.30pm
Tel: Sharon 01353 861499

ELY
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(Opposite the Lighthouse Centre)
Chapel Street
Ely
@ 5.30pm & 7.30pm
Tel: Karen 01353 661771

NEWMARKET
Ditton Lodge First School
St Johns Avenue
@ 5.45pm & 7.45pm
Tel: Sarah 01638 604947

WEDNESDAY:

ELY
Beet Sport + Social Club
@ 9.30am
Tel: Karen 01353 661771

NEWMARKET
The Rutland Arms Hotel
@ 10.00am, 3.30pm, 5.30pm & 7.30pm
Tel: Natalie 01638 720474

THURSDAY:

SWAFFHAM PRIOR
Village Hall
@ 5.30pm & 7.00pm
Tel: Sharon 01353 861499

NEWMARKET
King Edward VII Memorial Hall, High Street
@ 9.30am
Tel: Sarah 01638 604947

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RAISING CASH: Mildenhall Marvels members are doing the Girls Night Out

Here come the girls!

NATALIE ROBINSON

MEMBERS of a group in Mildenhall are set to don their pyjamas to raise money for charity.

Up to 80 members from the Mildenhall Marvels Slimming World groups will be taking part in Girls Night Out to raise vital funds for St Nicholas Hospice Care.

Women from around Suffolk will take to Bury St Edmunds to walk six miles in nightwear, trainers and flashing bunny ears to raise cash for the hospice.

Health & Beauty
Wellbeing, fitness, families and more
newmarket-news.co.uk

Katie Harding decided to take part in the walk after her grandma Daphne died in February.

She said: "My grandmother was cared for at home by my mother so didn't go into the hospice – it was so quick. But my best friend's mum-in-law spent some time in the hospice before she died.

"I want to be able to do the Girls Night Out walk to be there for people that need it."

Kelly Rought, another member of the group said: "My best friend was in the hospice so it is a cause close to my heart."

Registration is open now for a reduced fee until May 31. For details, go to *stnicholashospicecare.org.uk*.

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Man attacked his former partner in her home, court told

A NEWMARKET man who subjected his ex-partner to a violent hour-long ordeal has been given a suspended prison sentence.

Lewis Foster, 24, also damaged the inside of her home and attacked one of her friends.

On Thursday at Ipswich Crown Court, Foster, of Engelhard Road, Newmarket, was sentenced to 18 months imprisonment suspended for two years. He had pleaded guilty to two offences of assault, assault causing actual bodily harm and criminal damage.

Prosecuting, Michael Crimp said the first assault took place on October 5 when the friend had arrived at the same time as Foster at Churchill Court, Newmarket where his partner lived.

In the hallway a scuffle broke out between the two men which ended with Foster punching the man in the face.

While Foster was on bail for that offence he had punched the woman and put his forearm across her neck during a disturbance at her flat.

After being arrested and questioned, Foster was released on bail on condition that he did not go to Churchill Court or contact the woman.

Mr Crimp said that on December 15, Foster had turned up at her home and she had tried to dial 999 but he snatched the phone from her.

She was struck in the face and had her head forced against a cabinet shattering one of the glass doors, said Mr Crimp.

Foster then head-butted the bathroom cabinet, before trying to push the woman back into the bath.

Foster repeatedly kicked her while she was on the floor before sitting astride her and banging her head on the floor.

Mr Crimp said the woman managed to pick up an object and strike Foster which made him briefly stop his attack.

Foster opened a window of the high rise flat and ran towards it telling her: "I'm going to kill myself and you'll get done for murder" but she was able to restrain him.

The ordeal came to an end when a neighbour, alerted by the noise, raised the alarm.

Defending, Richard Potts said the couple had previously been in a "volatile" and "toxic" relationship and Foster was not normally a violent man.

He said the 113 days which Foster had spent in custody on remand awaiting sentencing had been a shock to him.

Mr Potts said: "It had been something that I don't think for a moment he would have contemplated could have happened to him."

Judge Goodin also ordered Foster to carry out 180 hours of unpaid community work, be under Probation Service supervision for two years and pay the woman £200 compensation.

Judge Goodin told Foster that he had "narrowly" escaped immediate custody and he would be required to participate in a 60 session Thinking Skills programme.

RAISING CONCERNS: MP Matthew Hancock and Vicky Ford MEP at the Thoroughbred Breeders Association with CEO Louise Kemble.

MPs visit HQ to talk horses

PRESSING matters were discussed at the Thoroughbred Breeders' Association (TBA) in Newmarket on Friday as they welcomed local MP Matthew Hancock and MEP Vicky Ford.

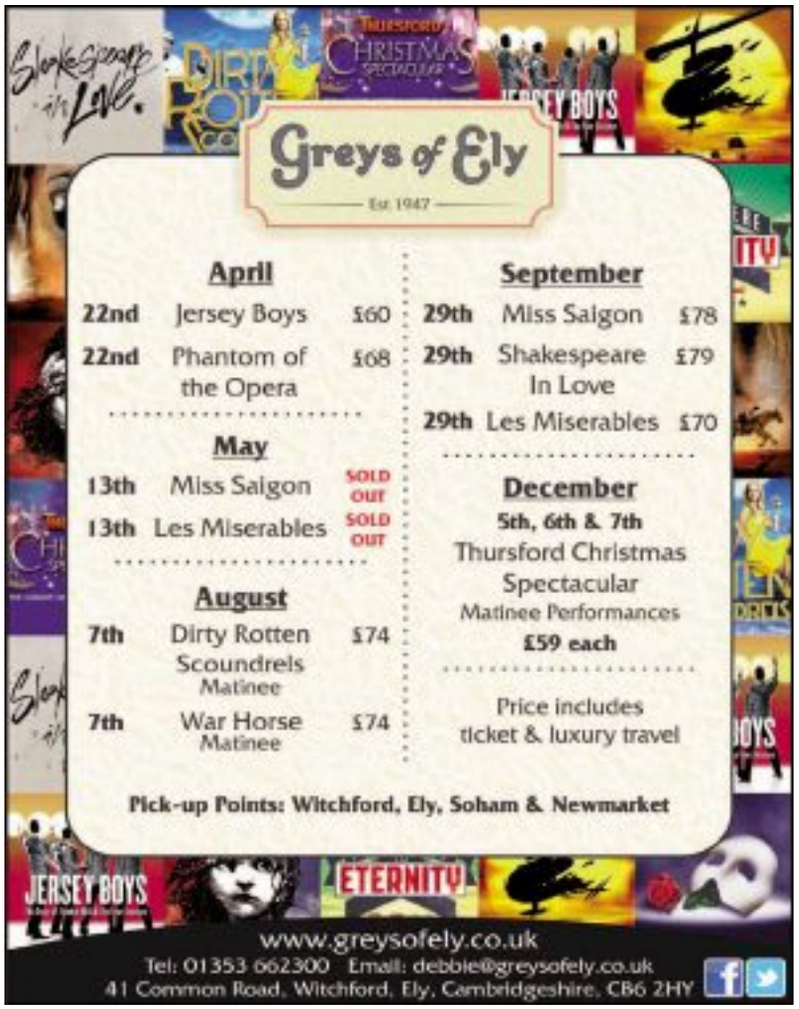
Mr Hancock and Miss Ford visited the association on The Avenue in Newmarket to discuss the issues that matter in the equine industry.

Miss Ford has campaigned in Brussels for improvements in the welfare of horses travelling to slaughter, for increased research into a vaccine for African Horse Sickness and to make sure that European safeguards against infectious diseases are not relaxed.

The MEP said: "Newmarket is not only the home of racing, it is also home to world leading breeders and many jobs rely on this.

"It has been good to work with organisations like the TBA and make sure any concerns they have on international issues are heard and addressed."

Louise Kemble, CEO of the TBA, said she was grateful for Miss Fords' "ongoing support".



Thieves target RAF base – to steal a shed

NATALIE ROBINSON

THIEVES have cut their way into one of Britain's highest security air bases – and stolen a shed.

A gap 8ft tall and 2ft wide was found in the perimeter fence at RAF Mildenhall in Suffolk, home to US and RAF servicemen.

The intruders then got through and dismantled a 12ft by 8ft shed – complete with solar panel – from an adjacent housing area for personnel on the base.

They passed the pieces through the hole and made off with the shed across the fields surrounding the base.

Ministry of Defence police are investigating and have since found other holes in the perimeter. One report said they discovered holes behind sheds at five different properties in the three weeks before the theft.

Squadron Leader Rick Fryer said: "Faintly amusing to us with a sense of humour was that through one of the holes, an entire garden shed was stolen. It's not a small shed.

"It's rather disappointing the neighbours didn't notice, because the house was unoccupied."

He added: "If anyone tries to sell you a nice new shed with a solar panel attached to the roof, that's the one that was nicked.

"We are increasing our own police presence. I know it happens elsewhere."

The incident happened in the north-west corner of the base.

Staff Sergeant Krystie Martinez said: "There have been recent incidents when individuals have cut holes in the fences behind our base housing area on Valiant Street. During one incident, a garden shed which had a solar panel attached was dismantled and stolen."

RAF Mildenhall is a base for US Airforce units – including Air Combat Command, Special Operations, Air Mobility and a Navy unit. It is the second biggest US Air Force base in Europe.

The Ministry of Defence Police who dealt with the theft were unavailable for comment.

WORKING HARD: Snailwell residents who helped to clean up the vilage

Snailwell is spruced up for spring time

A VILLAGE near Newmarket is in top shape after a spring clean to shake off the winter at the weekend.

Snailwell residents, armed with shovels and trowels, got together on Saturday morning to work on an area of the village near Church Lane.

Esther McVee, one of the organisers, said: "It went really well. We had a really good turnout. We had two dozen people and we collected 10 bags of rubbish.

"We excavated a whole corner of the verge we were working on and dug it all over.

"Then we replanted a thin hornbeam tree that was donated to us by the parish council chairman, Joseph Patterson.

"We reseeded all of the verge along by Church Lane so it looks really tidy and nice for the coming summer."

The workers then took a well-earned refreshment break in The George and Dragon.

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EASTER GOOD PUB & FOOD GUIDE

Kirtling Red Lion: For Easter fare

ADVERTISING FEATURE

A TRADITION village pub in a stunning location, The Kirtling Red Lion is the perfect place to meet family and friends away from the hustle and bustle of the towns and cities. This picturesque pub nestles in Kirtling village which lies five miles east of Newmarket. Well kept, delicious real ales, great wines and sumptuous mouth-watering food, prepared and freshly cooked on the premises await you.

The Kirtling Red Lion has become particularly popular with ramblers and cyclists as they can pre-order lunch which is ready for them on completion of their walk in the lovely surrounding countryside. This is a family-friendly pub which offers child size portions from the main menu for little ones, along with things for kids to do. Dogs are very welcome and there are also two tethers for horses to the rear of the car park.

This is one of those rare pubs where locals drink at the bar alongside others who have driven from other villages to enjoy the relaxed ambience and delicious meals which are becoming ever more popular.

The varied menu offers seasonal delights such as hand made burgers, pan fried sea bass with spring onion and king prawn sauce (with a side of moreish crushed new potatoes and pea puree) or chicken supreme with an indulgent truffle mash and red wine jus. A selection of rump, rib-eye and sirloin steaks – cooked just the way you like – are also available, complete on a sizzling platter with all the trimmings including mushrooms, tomatoes, onions and chips. Vegetarians are not left out, with a frequently changing selection of enticing veggie fare like beetroot, goats cheese and cranberry parcels, or why not try a Canal Floddie for a change?

THE RED LION: Well worth a visit

It's always a good idea to book a table for their popular Sunday lunches at only £8.95. Other recommended times to visit include Saturday evenings when you can get a steak and a pudding for just £14.95, or you could try a mid week lunch of two courses for only £8.95. The specials boards are always changing and from Good Friday onwards, by popular demand, there will be a range of mouthwatering fish dishes to try every Friday night.

So, if you're looking for a pub with a traditional atmosphere, a warm welcome and excellent food at very reasonable prices, you should head down to the Red Lion. Find it at 214 The Street, Kirtling, near Newmarket, CB8 9DP, or telephone (01638) 731976 to book a table. Hazel and the team look forward to giving you a very warm welcome.

IN SITU: Landlady Hazel and barman David

The Anchor Pub and Pizza Burwell

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Dog mess: Do we need bins or educating?

■ NATALIE ROBINSON

A "TERRIBLE" problem with dog mess in Newmarket has been highlighted by councillors.

Dog mess plaguing George Lambton playing fields in the town was discussed in a council meeting. Cllr Dave Hudson told councillors several people had approached him regarding the problem.

He said: "It's absolutely terrible. If you're taking your dog out in the evening you can't see it at all and then you are in it."

Deputy Mayor Rachel Hood added: "Everyone needs to clean up after their dog's mess." Chairman, Cllr Warwick Hirst, suggested "strong worded notices" were needed for pet owners, but Cllr Hood said measures needed to go beyond that to get people to act.

She said: "You need to pick up after your dogs and if there is no enforcement, people won't bother."

Newmarket Town Council decided they would write to Forest Heath District Council to ask for dog bins and signs to be installed at the playing fields.

Residents complained about problems with dog fouling on George Lambton fields to the *News* last October. Peter Ryan said: "People should pick it up. A dog is for life so it is the responsibility of the dog walker to pick it up."

A spokesperson for FHDC said: "We have not had a specific complaint recently concerning this area but the problem of dog fouling does arise in areas where there are a lot of dog walkers, the minority of whom do not clear up after their pets.

"There are currently five dog bins and two litter bins on the field and further dog bins just beyond this area, which is sufficient provision.

"However, we will investigate this matter to determine the extent of the problem and what further action, if any, is required."

What do YOU think?
Email us at editorial@newmarket-news.co.uk or visit newmarket-news.co.uk

BLAST FROM THE PAST: Molly Reeder (right) who styled this 60s beehive. Picture by Keith Mindham

Trendy 60s' beehive wins second place

A HAIRDRESSING student from Newmarket is celebrating after coming second place in her college's competition.

Molly Reeder, an NVQ level one student from Newmarket, channeled her inner 60s style to win second place in the hair and beauty showcase hairdressing competition, held at West Suffolk College.

With the theme of "hair and beauty through the eras", Molly styled her model's brown locks into a gravity-defying beehive, impressing the judges and winning her second place.

Tracey Marshall, head of the school of hairdressing, beauty and holistic therapies at West Suffolk College, said: "These competitions are an opportunity for the students to showcase their skills to parents, friends and local employers.

"We are very proud of all the students who have worked so hard to create superbly detailed styles in hair and makeup.

"The applause at this celebration of their achievements is very well deserved."

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EASTER LEISURE & HOMESTYLES

Get crafty for some Easter inspiration

ARTISTS, craftspeople and traders in antiques and collectables are being invited to have a stall on Newmarket's market on Saturday, April 19, as part of an Easter family fun day.

The crafts and collectables stalls are a new venture for the market. Traders are being offered a seven foot by three foot covered table for a daily fee of £15.

There will also be entertainment for younger visitors, including a mini farm, free face painting and a free fairground ride, when people buy items from the market. Customers buying eggs from the Wickhambrook egg stall will get a free one... in chocolate!

David Bowman, Forest Heath District Council portfolio holder with responsibility for markets said: "Newmarket market has a loyal following of people who like to buy their fruit, vegetables, meat and fish there, particularly the produce which is locally grown.

"The crafts and collectables stalls should attract new customers who will enjoy looking for interesting items, but will also discover what else the market has to offer."

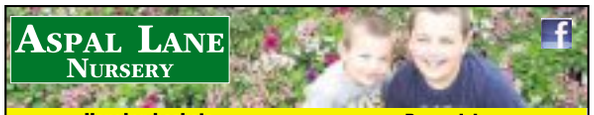
The market will also be part of the 40th birthday celebrations for the Guineas shopping centre on Saturday May 31.

To book a stall at the Easter market or for more details, contact Sharon Fairweather, Market Development Officer, on (01284) 757093.

CRAFTY ADVENTURE: Saturday market is a must-see

EASTER LEISURE & HOMESTYLES

EASTER LEISURE



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The perfect recipe

BAKED Dijon Salmon is the ideal dish for your guests this weekend.

Here's the recipe courtesy of Fish, based at 17 Guineas Centre, Newmarket. Contact them on (01638) 664560.

BAKED DIJON SALMON: Incredible result from a relatively simple recipe

Ingredients:
1/4 cup butter, melted
3 tablespoons Dijon mustard
1 1/2 tablespoons honey
1/4 cup dry breadcrumbs
1/4 cup finely chopped pecans
4 teaspoons chopped fresh parsley
4 (4 ounce) fillets salmon
salt and pepper to taste
1 lemon, for garnish

Directions:
1. Preheat oven to 400 degrees F (200 degrees C).
2. In a small bowl, stir together butter, mustard, and honey. Set aside. In another bowl, mix together bread crumbs, pecans, and parsley.
3. Brush each salmon fillet lightly with honey mustard mixture, and sprinkle the tops of the fillets with the bread crumb mixture.
4. Bake salmon 12 to 15 minutes in the preheated oven, or until it flakes easily with a fork. Season with salt and pepper, and garnish with a wedge of lemon.

EASTER HOMESTYLES

Ben Burgess will keep all your gardening kit ready

ADVERTISING FEATURE

WITH the grass cutting season looming, it's important to take care of your mower. Here are some top tips from Ben Burgess to ensure a problem-free summer of mowing.

Before cutting:
Fill the mower with fresh fuel as any left in the tank through winter storage may have degraded, making it hard to start the engine.

Check your lawn before cutting for branches, twigs, stones, garden tools and pet toys to avoid any damage to your mowers blades.

Replace the air filter if it has not been changed over winter. A clean air filter prevents dirt, dust and debris from getting into the engine and maximises engine and fuel efficiency.

Brush away dry grass from the exhaust area and from the air filter before starting the engine.

After cutting:
Wash your mower down, especially after cutting damp grass, as excess wet grass under the deck can be corrosive and cause rust. Do not use a pressure washer as this may cause damage to seals. Always allow the machine to dry before storing away.

Regular maintenance is essential to maximise the life of your equipment. Changing oil costs less than £6 for an average engine, therefore it's well worth the minimal investment.

Keep your cutting blades sharp at all times. Damaged or blunt blades can cause an uneven grass cut and vibration, making your lawn appear tired and worn.

Once the season is over, turn in your machine for a service for a thorough check and some professional care. Ben Burgess offers fixed priced servicing for all types of garden machinery.

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You're expected to cope... yet you feel like a failure

Postnatal depression is thought to be caused by the hormonal changes that occur after pregnancy combined with the physical and emotional stress of looking after a newborn. It affects as many as one in seven women and, according to the NHS, is unlikely to get better by itself quickly; do contact your GP if you think you or your partner is affected.
You can find Alice's blog at *knitnrun4sanity.wordpress.com*, and sponsor her at *virginmoneygiving.com/knitnrun4sanity*

When Alice Leadbeter was struck down with postnatal depression, she didn't think she'd ever get better. But with the right help and plenty of determination, she has rebuilt her life – and wants to help others do the same, as she told **Emma Higginbotham**.

BUBBLY, easy-going and blessed with an infectious laugh, Alice Leadbeter is great company. Her house has the cosily chaotic feel of a large, happy family – photos of sons James, 10, Thomas, 8 and Harry, 5, smile down from every wall, and toys fight for space with colourful beads and yarns; as well as being a primary school teacher, Alice is a keen knitter and jewellery-maker.

But the craft projects were taking a back seat when we met, as the 40-year-old was in training to run Sunday's London Marathon. And her chosen charity? Mind. Because in spite of her cheerful nature, not so long ago Alice was in the dark depths of postnatal depression: "At my worst, I didn't think I'd ever recover," she says. "But now I'm better than I've ever been."

Alice, who lives in Burwell, always wanted to be a mum. She and husband Ian were delighted when James was born and, with no history of depression, revelled in her time with her new baby.

"I'm a perfectionist, as many teachers are; we have very high standards, and I remember thinking 'Gosh, my life's so much easier now, I've got so much more time than when I'm teaching'!" says Alice, laughing. "I had time to actually think about what I was going to wear in the morning, and maybe put a bit of make-up on…"

But when Thomas arrived, Alice wasn't quite so breezy: "I was on the edge, I think. I had a lovely health visitor who was watching me: she just picked up that I was not 'not coping', but just mentally not quite where I should be. But then when I had Harry it all fell apart."

During her pregnancy, life had become increasingly stressful for Alice. Little Thomas was very poorly with asthma, "and we spent a lot of time in the hospital with him, which was obviously really worrying," she recalls.

"Every mum wants everything to be perfect for their children. You want them to have a wonderful upbringing and a great childhood, so I nearly killed myself trying to be here for James, as well as for Thomas in hospital, and trying to make it all alright."

When Harry arrived, Alice struggled from the beginning. "There were lots of tears. Lots and lots of tears," she says. "I loved my children to bits, and I would

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SONS: From left, James, Harry and Thomas

do anything for them, but I remember lying on the bed upstairs in absolute tears, thinking 'I can't do this'."

Gradually, she felt herself withdrawing: "You almost shut down from the outside world. You're in this little bubble, and nobody knows. I put on this big act; even people who were fairly close to me didn't know because I kept them at a distance."

But at home Alice couldn't hide and, she says, it was particularly tough for Ian: "When I was crying, he'd just say 'What's wrong?' And I'd be like 'I don't know!'

"It's so hard for the person watching you going through something, because they desperately want to help, but don't really know how. I can't fault him; he was brilliant and very hands-on. But I just shrank away from everybody."

"It wasn't as extreme as some," she adds. "Some people want to kill their children. But I could see that! I loved this thing with all my heart, but the demands it was expecting," she says, shaking her head. "It's mentally and physically draining, because they want you all the time."

Alice's other issue was that she was never able to relax: "I couldn't stop. I'd either be crumpled in tears or I'd be manic. The house had to be perfect – you can tell my standards have dropped! – but I had to have a perfect house, everything had to be ironed... I remember people saying to me 'It doesn't matter,' and I'd be like 'But it DOES!' I had such high expectations."

Luckily for Alice, her health visitor recognised that something was seriously wrong, even though at first she refused to admit it: "Who's going to say 'Do you know what, I'm really not coping'?" she says. "You're not! You're a mother, you're expected to cope. How often have you got those images of the perfect family thrown at you in the media? You can't fail, and yet you do feel like a failure.

"I used to think 'What's wrong with me? I've got three beautiful children, I've got everything I should want, but I'm not happy'. It's horrid, really horrid, because you're embarrassed. How can you admit to somebody that actually it's not going right?"

But Alice's biggest fear was what might happen to her children if she told the truth: "It must have been in the back of my mind that they might be taken away because I couldn't cope. I thought 'If I can't look after them, what's going to happen?'

"It is really hard, but in order to get better, you have to admit that there's a problem. And once I did reach out, I found that I had an amazing team behind me."

The health visitor had clearly voiced her worries to Alice's GP and, when she went for her six week check-up, the doctor was ready: "She was just who I needed; she's a mother, and she made it sound normal." The doctor gave Alice some leaflets; by chance there was a postnatal depression group in the village, "and I phoned this lady, who came round to visit me.

"She was brilliant, because she'd been through it herself, but I remember sitting here thinking 'I'll never be able to be like her. I can't ever imagine recovering, and being like she is. There's no way out of this'.

"But she was the one who introduced me to knitting again. She said 'I used to knit things for my daughter's dolls, and I felt like I was doing something for her, but actually it was a way of sitting down'. And that was brilliant. I knitted as a teenager, so I just started again; it just meant that I could sit still and not feel guilty. Knitting is amazing because all you're worrying about is the next stitch: you're focused on that, rather than on everything else that's going on."

Alice's next step was to have counselling: "I'd got to a point where I realised I couldn't go on like this, and I needed to throw everything I could at it. So I did. Counselling's not right for everybody, but I was desperate. My counsellor was wonderful, and said 'Focus on you: if you can't look after yourself, then you can't look after everybody else'."

Moreover Alice realised, with sadness, that she needed to give up her job. "It was a very hard decision. I was worried about what people would think of me – the general perception of mental health is that you're completely nutty – and I was thinking 'Will I ever get another job if it goes on my file?'

"But I wanted to get better, even though I didn't actually believe I could at the beginning. So I just thought 'I'm going to stop, spend the time with my children, and take one stress out of my life'."

She also decided to take anti-depressants, something she'd avoided to begin with: "Again, it's another step to actually saying 'You know what? I've accepted it'. And it's just like any other medication: if it's going to help you, what's wrong with it? I just wanted to feel better."

For Alice, it worked. She busied herself with being the best mum she could be and, ever-energetic, threw herself into learning to make jewellery – and writing a blog about it. "When I wasn't working, it was almost like I wasn't a member of society, and that's when blogging really helped – it was a connection with other people. I love it."

Today, Alice feels better than ever, not least because she's back at work. With Harry starting school last September, she decided that the time was right, and now does a job-share at a local primary: "I really do love teaching," she says. "Once a teacher, always a teacher..."

So what would her advice be to someone who suspects they may have postnatal depression? "Don't struggle on your own. If you can find a doctor who you really like, and who you think will listen to you, go and see them – even if it means waiting for a week. And don't be afraid! I know it's really hard, but people will understand. I've never felt anybody judging me in a negative way because of what I've admitted to."

Alice ran the marathon for for Mind – a charity she chose because of its determination to get people talking about mental health problems.

"We need to get rid of the stigma. One in four people will be affected, which is an amazing statistic, and we really shouldn't look at anybody differently. It's an illness like any other illness, and if I can help one person by being open about it, it'll be worth it."

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Cambridge News
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Town opens eye care unit thanks to £114k grant

NATALIE ROBINSON

RESIDENTS of Newmarket could be seeing more clearly in the future thanks to a £114,000 medical grant.

West Suffolk Hospital has become the country's first to use specialist diagnostic equipment within the community.

Now, patients will be able to go to Newmarket Hospital to have scans using a new optical coherence tomography (OCT) machine, thanks to a £114,000 grant to purchase state-of-the-art machinery from Novartis.

A total of 50 people are currently benefiting from the service, with this expected to increase.

James Butcher, operational manager for head and neck specialites at the hospital, said: "We are delighted to have been awarded the grant from Novartis which has allowed us to purchase these fantastic machines for use within the community.

"The whole project ties in closely with our philosophy of providing care closer to home and, where possible, sees us taking services to the patient rather than the other way around."

Patients using the service would usually have to travel up to Bury St Edmunds and use the hospital, but they can now be seen closer to home.

Mr Butcher added: "Now images can be taken at much more convenient locations and either viewed by a consultant on site or sent back to West Suffolk to be reviewed remotely in a virtual clinic.

CHECKING UP: Frank Billam trying the new equipment in Newmarket

"Many of our patients who have these conditions are older so to come into Bury to go to the hospital could be a burden for those living futher afield.

"We hope the new service will save them time while reducing waiting lists by increasing the number of patients we are able to see."

Over the months, treatment is set to be offered in Newmarket too, to eliminate the need for patients to come to Bury.

CUTTING THE RIBBON: Willie Snaith and James Gedney, centre, with Andrea Edwards, Debbie Betson, Jane Patton, Christine Knott, Sue Winnington, Janie Mowl and Jana Hennemanm

Pharmacy reopens with a special racing guest – Willie Snaith MBE

A NEWMARKET pharmacy welcomed a very special guest last week as part of its new community health initiative.

Former Royal jockey, Willie Snaith, 86, who rode 900 winners in his career and was made an MBE by the Queen in 2004, visited Lloyds Pharmacy with the 12-strong store team, last Thursday to reopen Lloyds Pharmacy in Newmarket.

The pharmacy, located in The Guineas, has been transformed as part of a new approach to community health. and is now offering free services for conditions such as skin health and pain management.

James Gedny, pharmacy manager, said: "We are delighted to be a pioneer in a project that will do much to raise awareness of healthcare needs at a local level.

"We know many who suffer from long-term health conditions don't always want to go to their doctor every time they have a question.

"What we want to do is help people discuss their health problems, offer support on how we can help them and how they can help themselves."

The Mildenhall branch of Lloyds Pharmacy was also reopened last month as part of the new concept.

Loyal customer Jessie Reynolds did the honours in the Mildenhall branch, joined by members of the team who have been working at the branch for up to 15 years.

Horse racing 'good value for money'

HORSE racing has been named the cheapest sporting family day out, according to Great British Racing.

When compared to various events around East Anglia, entry prices for mum, dad and two children was most expensive in championship football, which the company said would cost £79 at Ipswich, while horse racing started at just £8 in Fakenham, and the cost sitting at £16 in Newmarket.

Great British Racing's Chief Executive Rod Street said: "Pound for pound, horse racing is terrific value, with a range of public enclosures to suit every pocket and free extra children's entertainment provided on some days."

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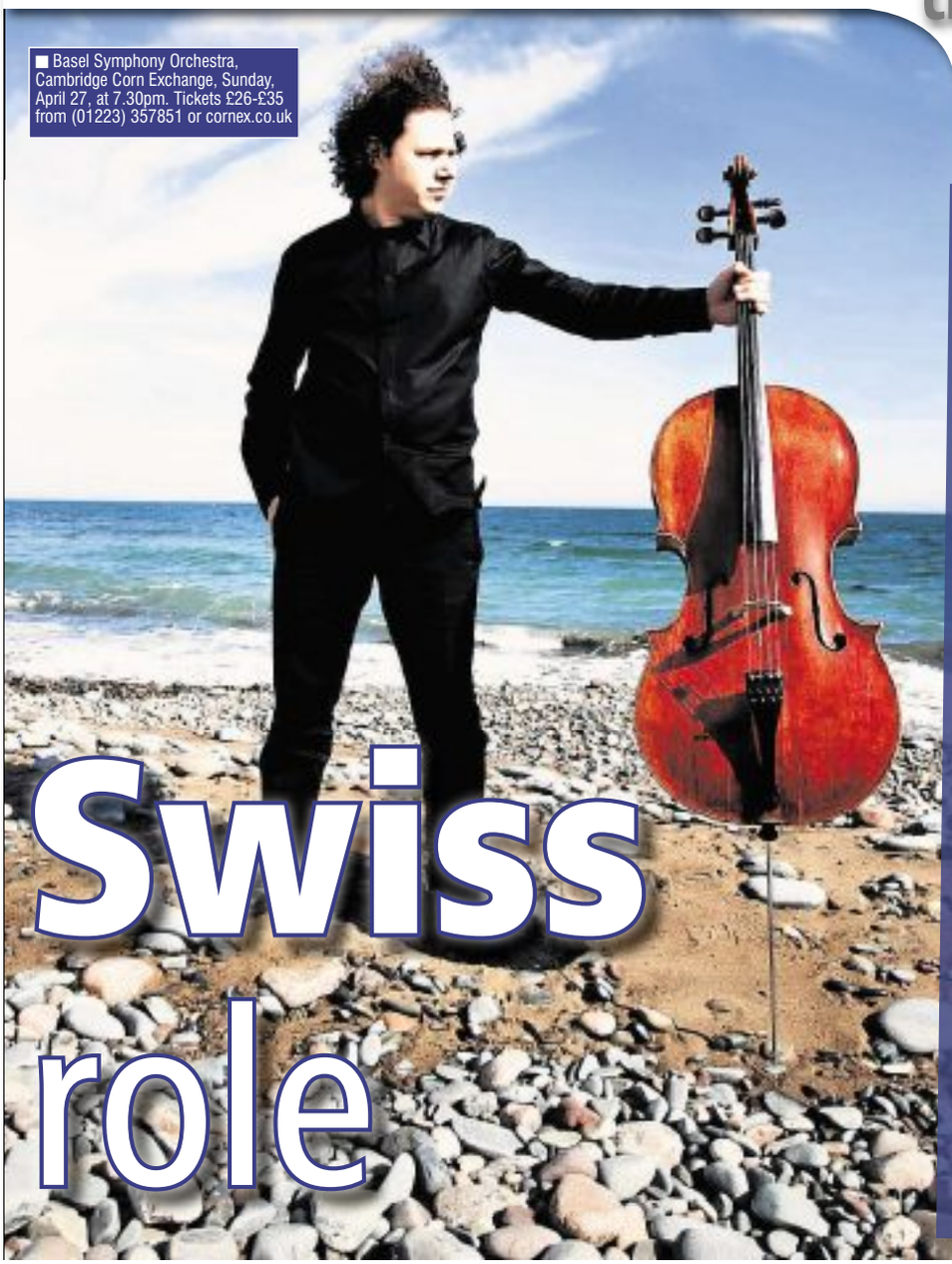
Leisure or events news? e-mail **natalie.robinson@cambridge-news.co.uk** phone **01638 662581**

the GUIDE



■ Basel Symphony Orchestra, Cambridge Corn Exchange, Sunday, April 27, at 7.30pm. Tickets £26-£35 from (01223) 357851 or cornex.co.uk

Swiss role

SWITZERLAND'S acclaimed Basel Symphony Orchestra is set to make its UK debut with a visit to Cambridge Corn Exchange on Sunday, April 27, as part of the *Cambridge News*-backed Cambridge Classical Concert Series.

The soloist on the night is dynamic cellist Matt Haimovitz, pictured, and the concert offers a rare chance to hear music by some of the 20th century's most influential minimalist composers. Arvo Pärt's *These Words* is as haunting and ethereal as the Gregorian chants that inspire so much of the composer's work; Philip Glass's mesmerising *Cello Concerto No. 2* receives its UK première on this tour; and for John Adams' *Harmonielehre*, the Corn Exchange will be transformed, such are the colossal orchestral resources this extraordinary piece requires.

The conductor, Dennis Russell Davies, right, is a contemporary of Philip Glass and an acknowledged champion of modern classical music. **ANDREW BURTON** spoke to him

What draws you to the music of Pärt, Adams and Glass?

These are composers who have written strikingly different music, starting out in the 20th century and continuing into the 21st century. Their music found an audience that wasn't necessarily used to going to concerts, and they extended the concert-going audience's ideas of what music is and could be.

What do you hope Cambridge audiences will feel when they see the concert?

An audience makes a special effort when they come to hear music. They are not sitting at home, or listening to music on headphones. They have set aside their evening. What I hope is the audience will be rewarded and stimulated. If someone goes to see an exhibition at an art gallery, they can mull over a particular work of art, think about it, then return and have another crack at it. In the concert hall, that's difficult to pull off. You've got to be 'in the present'.

What I hope to have is an audience that actively listens. I'm assuming people who come to the concerts on our UK tour will come because they are curious. They may know one or another of the works but I doubt any of them will have heard all three, and certainly not live. So I'm hoping there'll be a sense of adventure and discovery.

What does minimalism mean to you?

The term was originally coined because, after decades of music becoming more and more complicated harmonically and technically, there was suddenly this new music that didn't require any of these virtues we had all worked so hard to acquire.

For the musicians, it was a dash of cold water: suddenly they were no longer required to play exotically intricate and difficult chromatic lines where their instruments and their capabilities were stretched to the limit. Instead, they were simply required to take two or three simple, motivic ideas and play them rhythmically accurately and in tune.

These are qualities we associate more with our classical repertoire. There's a saying that Mozart's music is too difficult for the professional and too easy for the amateur, and there's a lot of truth to that.

The music of these minimalist composers goes back to the basic virtues of good musicianship and also, on the audience's part, of listening.

The audience is almost required to be in a meditative state at some points; not to be impatient, to take the time to let events unfold. In the 19th century, this was common. After all, it's what you need to do when you hear, say, a Bruckner symphony.

What inspired you to become a conductor?

I wouldn't use the word 'inspired'. I am a pianist and try to keep it up, with all the rigours and demands of my work. The word 'conductor' refers to a very specific activity in the musical world.

It opens the doors to becoming a music director, or chief conductor, having entrepreneurial skills, it's a very active and pro-active way of being involved in the musical world."

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Cambridge News

More from Morecambe

AS Bob Golding prepares to once again take on one of the British comedy greats, JAMES RAMPTON asks him: what is it like walking in Eric Morecambe's shoes?

Cambridge-born Bob Golding is reprising one of the toughest roles in theatre. The Olivier-nominated actor will once again be donning his comedy glasses and pipe as the legendary comic Eric Morecambe.

The one-man show, directed by Paul Hendy with help from Eric's son, associate producer Gary Morecambe, this is a brand new production of Tim Whitnall's Olivier Award-winning play.

It tracks the star's trajectory from Music Hall performances to Christmas Day extravaganzas on the telly.

"I was a jobbing actor who fell into it," Golding says. "A few years ago, I approached a producer about doing a one-man play, and he said, "You know what? You should play Eric Morecambe. You've got something of Eric about you." I thought, "Actually, there's something in that." Maybe it's my silliness. My kids are all daft as brushes – we come from a long line of brushes!

"I was a huge fan of Eric's. I'm a British comedy geek and you can't be a fan of British comedy without being a fan of Morecambe and Wise. Watching Morecambe and Wise, you were guaranteed laughs. Their act was silly, and we Brits really like silly. They brought our family together, as they did everyone else's in the nation. I remember watching them with my nan who was laughing her head off. I was 7 when the Morecambe and Wise Christmas Special got 28.8 million viewers on BBC1. Over half the country was watching – can you believe that? That figure will never be beaten."

But why does he think the play works so well?

"Because it's not just about Eric. I play 55 different characters. I play Eric and everyone else in his life. That gives the show real pace and energy. It's also a complete pleasure to perform. I did 260 performances of this show a few years ago, but this is a completely new production with a new director.

"It's lovely to be back. I still get the same joy as I ever did playing Eric. I feel this great sense of elation at the end of every show.

"Eric's daughter Gail came unannounced to watch the show in Wellingborough. In the bar afterwards, I approached her and said, "You're Gail, aren't you?" She was in floods of tears.

But he only started to get nervous when celebrities like Ant and Dec, Nicholas Parsons, Ronnie Corbett and Barry Cryer started coming along to see the show.

Golding says:"But I'm so glad I've done it. It's our duty to remind people why Eric and Ernie were so brilliant and why we still have this enormous love and adoration for them. They were two simple men who provoked a huge reaction from the whole country."

● *Morecambe*, Cambridge Arts Theatre, Friday, April 18 – Sunday, April 20 at 7.45pm. Tickets £15-£27 from (01223) 503333 / *cambridgeartstheatre.purchase-tickets-online.co.uk*. The box office is closed on Good Friday.

films

local cinemas

CAMBRIDGE ARTS PICTUREHOUSE
0871 902 5720
Tinkerbell and the Pirate Fairy 2D [u]: Sat 10.30am, 11am
Berlin Philharmonic Easter Festival 2014 [no cert]: Sun 5
The Lion King [u]: Sun 1
Rendez-Vous with French Cinema 2014: Bright Days Ahead [12a]: Thu 6.30
Vikings Live from the British Museum [no cert]: Thu 7

CAMBRIDGE Cineworld
0871 200 2000
See venue for details

CAMBRIDGE VUE
0871 224 0240
www.myvue.com
See venue for details

HUNTINGDON Cineworld
0871 200 2000
See venue for details

SAFFRON SCREEN
01799 500238
The Railway Man (15): Fri 2, 5
The Monuments Men (12a): Fri 8; Sat 5, 8; Sun 8
La Belle et la Bête (pg): Mon 8
Vikings Live from the British Museum (12a): Thu 6.50

ELY THE MALTINGS
(01353) 616991
www.themaltingsely.com
British Museum: Vikings Live! (12a): Thu 7

ROYSTON PICTURE PALACE
www.roystonpicturepalace.org.uk
Only Lovers Left Alive (15): Fri 7.30
HOP (U): Sat 2
The Book Thief (cert tbc): Sat 7.30

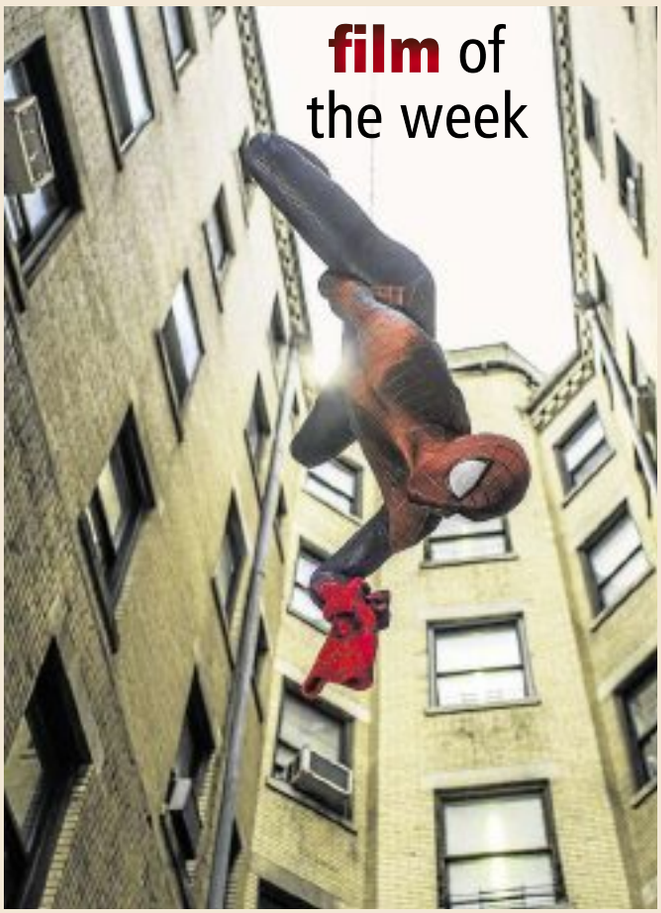
HAVERHILL ARTS CENTRE
(01440) 714140
The Book Thief (12A): Tues 7.30
The World's Worst Serial Killers: Thu 7.30

HAVERHILL Cineworld
0871 200 2000
See venue for details

NEWMARKET STABLE
07756 853714
http://www.cinemaatnewmarket.org.uk
There are no films showing at this time

ABBEYGATE PICTUREHOUSE
Bury St Edmunds
08719025722
See venue for details

BURY ST EDMUNDS Cineworld
0871 200 2000
See venue for details



film of the week

THE AMAZING SPIDER-MAN 2 (12A, 142 mins)

TWO is company but three super-villains are a crowd in Marc Webb's action-packed sequel to his 2012 blockbuster, which successfully rebooted the Marvel Comics franchise.

A Russian mobster in rhinoceros-shaped armour, a maligned Oscorp employee who can shoot electricity from his fingertips and an iconic green-skinned imp with daddy issues all vie for our attention during a rough 'n' tumble 142 minutes.

The film's special effects wizards oblige with dazzling sequences of Spider-Man swinging at breathless speed through the skyscrapers of New York.

Such is the dizzying velocity of these set pieces, director Webb repeatedly employs slow-motion to make sense of the blurs of blue and red spandex.

For all the sequel's technical prowess, which is considerable, it's the screen chemistry of Andrew Garfield and Emma Stone, who met on the first picture and have been dating ever since, which provides more bang than the digitally-rendered pyrotechnics.

While Peter hones his powers, childhood friend Harry Osborn (Dane DeHaan) returns to the Big Apple to assume control of Oscorp in the wake of the death of his bullying father, Norman (Chris Cooper).

Harry's ascension coincides with an industrial accident that transforms nerdy employee and Spider-Man fanatic, Max Dillon (Jamie Foxx), into an electrically-charged monster.

Thus Peter must potentially give up his life to protect Gwen and Aunt May from harm.

The Amazing Spider-Man 2 fleshes out the back story of the Parkers and their involvement in secret experiments.

Peter and Gwen's turbulent romance is the cornerstone and the film soars – rather like the titular hero – whenever they are together.

Judge Jim on the case

JUST as Simon Cowell knows his music and *Bake Off* judge Paul Hollywood knows his cakes, so award-winning gardening legend Jim Buttress knows his onions.

And his melons, aubergines, carrots, radish and runner beans.

The plain-speaking horticulturalist, former Royal gardener and current RHS Britain in Bloom judge is now a judge in BBC2's new six-part series *The Big Allotment Challenge*. He pulls no punches judging harvests produced by contestants on their made-for-TV allotments.

Filmed in a Victorian walled garden on the Mapledurham Estate in Oxfordshire, nine pairs of keen gardeners have spent months planning, planting and nurturing. Given their own greenhouses, they were handed particular vegetables, fruit and flowers to grow, as well as facing a number of additional weekly challenges, including flower arranging and chutney-making, judged by floral arrangement expert Jonathan Moseley and preserves specialist Thane Price.

The series, presented by Fern Britton, was filmed last year from early spring until late summer, when award-winning Buttress then judged the produce, from blemish-free radishes to perfect sweet peas.

So how harsh was he with this judging?

"I was once nicknamed Judge Dread but you don't have to be hard, as long as you're fair and consistent in what you do," he insists. "You don't have to hurt people but you can tell them, 'This ain't good enough'. Just be fair, be honest and give people advice as to why they didn't win or they could have done better."

Much of the advice he gives in this series is about the weather-related problems faced by competitors, because last spring was particularly cold.

"Last year, March and April were awful. Light levels were appalling, we had a lot of cold weather and many people were

'caught cold'. Stuff was put out which wasn't hardy enough. The one thing you'll never beat is nature. Then Mr Pest and Mr Disease comes along. It happens to everybody. They had to find a way around that.

"The most difficult thing is the timing. People who grow stuff in the garden generally don't have a deadline. Each week we set them a task, whether vegetables or flowers, and if they didn't have them ready then they didn't have an exhibit. Luckily they'd grown twice as much as they needed to guarantee they had something."

The subsequent hot weather in summer helped the growth catch up, but then it required constant watering and some produce needed slowing down.

The second strand of the competition, which is growing flowers, also put up its own problems, Buttress says.

"Thrift was a menace last year with gladioli. They get the mottling vein. When the judge is looking at the exhibit, whatever it is, it's the overall impression that matters. Is it free of blemish? That includes the root and the leaves and everything else. With the hot weather, stuff started to move much more quickly and required covering and protecting from the direct sun. They had the risk that sweet peas would flower too quickly."

Away from the cameras and looking at other people's gardening, Buttress is busy with his own efforts – he will be building the Homebase – Time To Reflect garden with designer Adam Frost at the RHS Chelsea Flower Show, and he is also helping to produce a display in the pavilion to mark charity Perennial's 175th anniversary.

● *The Big Allotment Challenge* starts on BBC2 on Tuesday, April 15 at 8pm.

puzzles

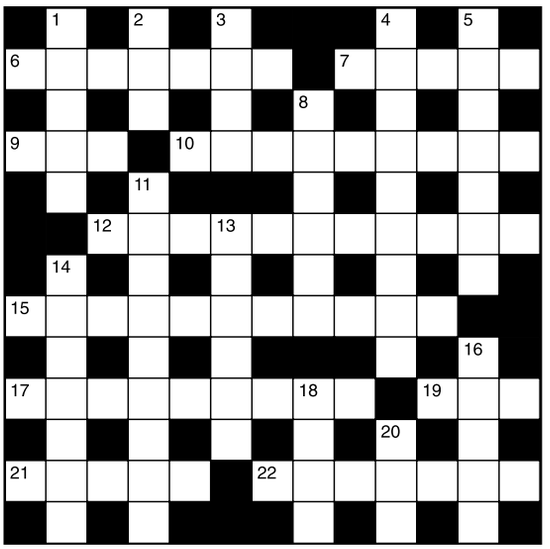
crossword

ACROSS

6. Write about Ives being thoughtful (7)
7. Returned dug-up material (5)
9. Consumed some paté (3)
10. Not the longest part of an aggressive speech (9)
12. Name for ship written about by Gilbert and Sullivan (3,8)
15. Awful moon-starers? (11)
17. A boxing belt could be the end of a joke (9)
19. Draw the match (3)
21. Intends to have the wherewithal (5)
22. Greed for caviare, perhaps (7)

DOWN

1. Takes around a poet (5)
2. Enquire about a small ruler (3)
3. Claim it's a rave-up (4)
4. Eire's face is altered by a truce (9)
5. The fairytale girl left after the fire (7)
8. Ban miners from a musical (6)
11. People involved in cameras (9)
13. Juries from Naples? (6)
14. Certain animal is unusually rude (7)
16. Field a throw (5)
18. River backing a star (4)
20. Give weapons to a member (3)



Last week's answers: Across: 7 Radiolocation; 8 Diagonal; 9 A bow; 10 Stream; 12 Taking; 14 Primer; 16 Rococo; 18 Icon; 20 Deposits; 22 Rude awakening. Down: 1 Banister; 2 Single; 3 Plan; 4 Sculptor; 5 Attack; 6 So-so; 11 Mark down; 13 Nicotine; 15 Manger; 17 Casing; 19 Coup; 21 Pike.

sudoku

3			5		2			6
		2						4
	9	6		4		3	5	
9		3	6		5	1		
				7			6	
		5	4		8	9		
	8	9		5		4	2	
5			8		1	6		7

Last week's answer:

8	6	3	1	5	7	2	9	4
9	1	2	3	4	8	5	6	7
7	4	5	9	6	2	8	3	1
4	8	7	6	1	5	3	2	9
5	3	6	7	2	9	4	1	8
1	2	9	4	8	3	6	7	5
6	9	1	5	3	4	7	8	2
3	5	8	2	7	1	9	4	6
2	7	4	8	9	6	1	5	3

niner

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters

1	2	3	4	5	6	7	8	9

The clues

5657 gives a Scottish county
87791 gives a Yorkshire city
1234932 gives a Welsh mountain

Last week's answer: PARSIMONY

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the GUIDE — weekend television

SATURDAY

BBC1

6.00am Breakfast. 10.00 Saturday Kitchen Live. 11.30 James Martin: Home Comforts. 12.00pm Football Focus. 12.45 Saturday Sportsday. 1.00 BBC News; Weather. **1.15 Formula 1 – Chinese Grand Prix: Qualifying Highlights. 2.30 Live Snooker: The World Championship.** The afternoon session on day one at the Crucible Theatre in Sheffield. **4.30 Final Score. 5.15 FILM: Shrek Forever After (2010).** Animated comedy, with the voices of Mike Myers, Eddie Murphy and Cameron Diaz.

6.40 **BBC News;** Regional News; Weather.
7.00 **Pointless Celebrities.** Medical-themed edition, featuring Casualty and Holby City stars past and present.
7.50 **The National Lottery: In It to Win It.** Dale Winton presents the quiz show.
8.40 **Casualty.** Fletch builds bridges between a father and son.
9.30 **The Guess List.** With Julian Clary, Melanie C, Larry Lamb, Deborah Meaden and David Haye.
10.10 **BBC News;** Weather.
10.30 **Match of the Day.** Including highlights of Chelsea v Sunderland; National Lottery Update.
11.50 **The Football League Show.**

1.10am Weatherview. 1.15 BBC News.

BBC2

6.00am This Is BBC2. 6.10 FILM: Sword of Sherwood Forest (1960). Robin Hood adventure, starring Richard Greene. **7.30 Great British Menu. 10.00 Live Snooker: The World Championship.** The opening session on day one at the Crucible Theatre in Sheffield. **12.00pm The Great British Bake Off Easter Masterclass. 1.00 Live Snooker: The World Championship.** Further coverage of the opening session on day one. **2.30 FILM: Henry VIII and His Six Wives (1972).** Historical drama, starring Keith Michell. **4.30 Live Snooker: The World Championship.** The afternoon session on day one at the Crucible Theatre in Sheffield. **5.45 Easter from King's.** A candlelit service from the Chapel of King's College, Cambridge.

7.00 **Live Snooker: The World Championship.** The concluding session on the opening day in Sheffield.
8.00 **University Challenge: The Story So Far.** The history of the student quiz show.
9.00 **University Challenge: Champion of Champions.**
9.30 **Messiah at the Foundling Hospital.** The performance of Handel's Messiah at the hospital in 1750.
10.30 **Pop Goes BBC2.**

12.00am Snooker: The World Championship. 12.50 Snooker: World Championship Extra. 2.50 This Is BBC2.

ITV

6.00am CITV. 9.25 ITV News. 9.30 Murder, She Wrote. 10.30 Dinner Date. 11.30 ITV News and Weather; Weather. **11.40 The Crocodile Hunter Diaries. 12.10pm FILM: Never Say Never Again (1983).** James Bond adventure, starring Sean Connery. **2.40 FILM: Harry Potter and the Chamber of Secrets (2002).** Fantasy adventure sequel, starring Daniel Radcliffe. **5.35 ITV News Anglia;** Weather. **5.45 ITV News and Weather.**

6.00 **You've Been Framed! & Famous.**
7.00 **Britain's Got Talent.** The search for a star continues as more auditionees try to win over Simon Cowell, David Walliams, Amanda Holden and Alesha Dixon with their talents.
8.20 **Amazing Greys.** Contestants take on a former tennis champion and a Mastermind winner.
9.20 **Law & Order: UK.** A newborn goes missing.
10.15 **The Americans.** Elizabeth works with Nicaraguan spy Lucia to gain access to a congressman's office.
11.15 **ITV News;** Weather.
11.30 **Through the Keyhole.** Catherine Tyldesley and Terry Wogan join Dave Berry on the panel.

12.25am Jackpot247. 3.00 Dinner Date: Australia. 3.45 ITV Nightscreen.

CHANNEL 4

6.10am The Hoobs. 6.35 Trans World Sport. 7.30 FIM Superbike World Championship. 8.00 The Morning Line. 9.00 Frasier. 9.55 The Big Bang Theory. 10.55 How I Met Your Mother. 11.45 The Simpsons. 12.45pm Marvel's Agents of SHIELD. 1.40 Channel 4 Racing. Live coverage from Haydock Park and Kempton Park. **4.10 Come Dine with Me.**

6.45 **Channel 4 News.**
7.00 **Lent Diaries.** A man talks about the sermons he gives in Europe.
7.05 **Grand Designs.** A project to build a bespoke metal home next to an airfield runway.
8.05 **Hostages.** The first lady sees through Ellen's deception. Last in the series.
9.00 **FILM: Taken (2008).** A former CIA agent puts his old skills to use in rescuing his daughter from a gang of European sex traffickers. Thriller, starring Liam Neeson and Maggie Grace.
10.50 **FILM: The Stone Roses: Made of Stone (2013).** Premiere. Documentary about the band's 2012 reunion concerts.

12.50am FILM: Trainspotting (1996). Drama, starring Ewan McGregor. **2.25 Hollyoaks. 4.30 SuperScrimpers' Challenge. 5.25 River Cottage Bites. 5.40 Goodwood 72nd Members' Meeting.**

CHANNEL 5

6.00am Milkshake! 10.00 Access. 10.05 The Dog Rescuers. 10.40 Beware! Cowboy Builders Abroad. 11.40 The Nightmare Neighbour Next Door. 12.40pm FILM: Murder at the Gallop (1963). Mystery, starring Margaret Rutherford. **2.20 FILM: Barabbas (1961).** Drama, starring Anthony Quinn. **5.00 FILM: Columbo: Ashes to Ashes (1998).** Detective drama, starring Peter Falk.

6.40 **Longmire.** Walt fears drug producers are about to start a turf war in the region when a fisherman finds the bodies of a dealer and a hitman for a Mexican cartel in a remote creek.
7.30 **NCIS.** Gibbs and his team investigate the bizarre deaths of a marine and two of his friends, while Ziva tries to rejoin the NCIS.
9.20 **5 News Weekend.**
9.25 **Britain's Favourite Detectives.** A countdown of the nation's favourite crime solvers as voted for by Channel 5 viewers, including Miss Marple, Hercule Poirot, Lt Columbo, Sherlock Holmes and Morse.

12.15am SuperCasino. 3.15 Classic Car Rescue. 4.00 Wildlife SOS. 4.25 Make It Big. 4.50 The Funky Valley Show. 5.00 Angels of Jarm. 5.05 Roary the Racing Car. 5.20 Angels of Jarm. 5.25 The Funky Valley Show. 5.35 Roary the Racing Car.

Pop Goes BBC Two, Saturday, BBC2, 10.30pm

The Guess List, Saturday, BBC1, 9.30pm

Fargo, Sunday, Channel 4, 9pm

Endeavour, Sunday, ITV, 8pm

SUNDAY

BBC1

6.00am Breakfast. 8.35 Match of the Day. 10.00 Easter Worship from Leicester. 11.00 Urbi et Orbi. 11.35 Flog It! 12.15pm MOTD2 Extra. 1.00 BBC News; Weather. **1.15 Bargain Hunt. 2.00 More Creatures Great and Small. 2.30 Formula 1 – Chinese Grand Prix Highlights. 4.30 Charley Hull – Teenage Tigress. 5.00 Lifeline. 5.10 Songs of Praise. 5.45 Pointless Celebrities.**

6.35 **BBC News;** Regional News; Weather.
7.00 **Countryfile.** A visit to the Isles of Scilly, where Ellie Harrison finds out about a rat problem and Matt Baker visits a duck farm. Also, Tom Heap looks at the dangers involved in farming.
8.00 **Antiques Roadshow.** Items on show at Polesden Lacey in Surrey.
9.00 **The Crimson Field.** Thomas falls victim to a bullying major.
10.00 **BBC News;** Regional News; Weather.
10.25 **Match of the Day 2.** Norwich City v Liverpool, Hull City v Arsenal and Everton v Manchester United.
11.35 **Live at the Apollo.** With Kevin Bridges, Phill Jupitus and Sara Pascoe.

12.20am Weatherview. 12.25 BBC News.

BBC2

6.00am This Is BBC2. 6.30 Countryfile. 7.30 Gardeners' World. 8.00 The Beechgrove Garden. 8.30 Saturday Kitchen Best Bites. 10.00 Live Snooker: The World Championship. The opening session on day two at the Crucible Theatre in Sheffield. **12.15pm FILM: Custer of the West (1967).** Historical biopic, starring Robert Shaw. **2.30 Live Snooker: The World Championship.** The second session on the second day at the Crucible Theatre in Sheffield.

6.00 **Davis v Taylor: The '85 Black Ball Final.** A look back at the 1985 World Snooker Championship final.
7.00 **Morecambe & Wise in Pieces: Leading Men.** Male stars who appeared on the comedy duo's shows.
8.00 **50 Golden Years of Sport on BBC2.** A look back at the history of sport on the channel.
9.00 **All About Two.** Quiz celebrating 50 years of BBC2, hosted by Dara O Briain.
10.40 **The Making of QI.** An insight into the production of the popular comedy quiz show.
11.40 **Snooker: The World Championship.**

12.30am Snooker: World Championship Extra. 2.30 Sign Zone: Countryfile. 3.25 Sign Zone: Holby City. 4.25 This Is BBC2.

ITV

6.00am CITV. 9.25 ITV News. 9.30 Dickinson's Real Deal. 10.30 FILM: Columbo Goes to College (1991). Detective drama, starring Peter Falk. **12.30pm ITV News and Weather;** Weather. **12.40 The Crocodile Hunter Diaries. 1.10 The Unforgettable Yootha Joyce. 1.40 Big Star's Little Star. 2.40 Britain's Got Talent. 3.55 FILM: A View to a Kill (1985).** James Bond adventure, starring Roger Moore.

6.20 **ITV News Anglia;** Weather.
6.30 **ITV News and Weather.**
6.45 **Catchphrase.**
7.30 **Off Their Rockers.** Velma gets racy in a photo booth.
8.00 **Endeavour.** Morse investigates the case of a boy from a broken home who has been reported missing, as the body of a journalist is found in mysterious circumstances. Last in the series.
10.00 **Perspectives: The Magic of Houdini with Alan Davies.** New series. The Jonathan Creek star explores the escapologist's life and work.
11.00 **ITV News;** Weather.
11.15 **Premiership Rugby Union.** Action from the 20th round of fixtures in the English top flight.

12.15am The Store. 2.15 The Jeremy Kyle Show USA. 3.45 ITV Nightscreen. 5.05 The Jeremy Kyle Show.

CHANNEL 4

6.05am FILM: Hoot (2006). Adventure, with Luke Wilson. **7.40 FILM: Lassie (2005).** Adventure, with Peter O'Toole. **9.30 Sunday Brunch. 12.30pm Secret Eaters. 1.35 The Big Bang Theory. 2.35 How I Met Your Mother. 3.30 The Simpsons. 4.30 Deal or No Deal. 5.35 Channel 4 News.**

6.05 **Lent Diaries.**
6.10 **FILM: Hop (2011).** Part-animated comedy, starring James Marsden.
8.00 **For the Love of Cars.** New series. Life on Mars star Philip Glenister and renowned car designer Ant Anstead scour barns and lock-ups across the nation on a mission to restore six classic British motors.
9.00 **Fargo.** New series. Adaptation of the Coen brothers' film. An encounter with a manipulative drifter sets a salesman on a path of destruction. Starring Martin Freeman.
10.30 **FILM: Heat (1995).** A detective becomes obsessed with capturing a highly intelligent career criminal who is planning one last robbery before his retirement. Thriller, with Al Pacino and Robert De Niro.

1.35am The Good Wife. 2.20 The Hotel. 3.15 Secret Removers. 4.10 SuperScrimpers' Challenge. 5.05 Deal or No Deal.

CHANNEL 5

6.00am Milkshake! 9.55 Power Rangers Super Samurai. 10.30 Power Rangers Megaforce. 11.05 Access. 11.15 The Dog Rescuers. 11.45 FILM: Eragon (2006). Fantasy adventure, starring Ed Speleers. **1.40pm FILM: Spider-Man 3 (2007).** Superhero sequel, with Tobey Maguire. **4.20 The Sound of Music Live!**

7.00 **5 News Weekend.**
7.05 **FILM: The Forbidden Kingdom (2008).** Premiere. A teenager is sent back in time to ancient China where he takes on a quest with the aid of two legendary warriors. Martial arts adventure, starring Jet Li and Jackie Chan. Edited for violence and language.
9.00 **FILM: Act of Valor (2012).** A team of elite Navy personnel uncovers a terrorist plot while on a mission to rescue a captive CIA agent. Military adventure, with Alex Veadov and Roselyn Sanchez.
10.50 **FILM: Punisher: War Zone (2008).** Comic-book thriller, starring Ray Stevenson.

12.55am SuperCasino. 3.05 Britain's Crime Capitals. 4.00 Wildlife SOS. 4.20 Make It Big. 4.45 The Funky Valley Show. 5.00 Angels of Jarm. 5.05 Roary the Racing Car. 5.20 Angels of Jarm. 5.25 The Funky Valley Show. 5.35 Roary the Racing Car.

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Newmarket News

PROPERTY NEWS

April 16, 2014

The area's number one for property for sale and to rent

Feature Homes - what's hot on the property market - page 46

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WHATLEY LANE

www.wlea.tv

KENTFORD **£400,000**

UNDER OFFER - SIMILAR PROPERTIES REQUIRED TO MEET DEMAND

NEWMARKET **£240,000**

This immaculate and luxurious apartment enjoys a central location just off Newmarket High Street, a short walk from Tattersall's Sales Grounds and the Railway Station. The property offers stunning accommodation including two bedrooms and an open plan kitchen/living room. This property is and ideal investment opportunity, we currently let the property at £1100 pcm. EPC Band - B

NEWMARKET

Situated overlooking the famous Warren Hill gallops, this stunning two bedroom apartment is located in a highly regarded location close to the town centre. Offering fantastic accommodation including kitchen, living room, dining room with bay window offering spectacular views. Externally the property offers secure off-road parking. Viewing highly recommended. EPC Band - C

£295,000

LIDGATE

This immaculately presented period property benefits from a large amount of character and the charm of this popular village. The property boasts sought after features such as idyllic gardens to the front and rear, integral garage and additional off-road parking. EPC Band - D

£400,000

NEWMARKET

NOW LET
SIMILAR PROPERTIES REQUIRED TO MEET DEMAND

£1,250 PCM

NEWMARKET

NOW LET
SIMILAR PROPERTIES REQUIRED TO MEET DEMAND

£1100 PCM

FORDHAM

A nicely presented three bedroom detached house located at the heart of this sought-after village. Offering gas central heating, fitted kitchen with oven, hob, cooker hood and dishwasher and a larger than average garage. Viewing strongly advised!

£1100 PCM

STRADISHALL

This substantial thatched farmhouse comprises: five bedrooms, kitchen, sitting room, family bathroom, shower room and multiple reception rooms and includes two stables, tack room and 1 acre of land. viewing highly recommended. Available NOW.

£2,000 PCM

Whatley Lane Estate Agents 13 High Street Newmarket Suffolk CB8 8LX Telephone: 01638 561187 Email: enquiries@wlea.co.uk

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WHATLEY LANE

www.wlea.tv

OPEN DAY

DULLINGHAM **£535,000**

OPEN DAY THIS SATURDAY 19th APRIL 1-3PM
A superb opportunity to purchase this stunning detached family home which is situated in a great location opposite the village green. This property offers stunning accommodation throughout including four bedrooms, four bathrooms, living room, open plan kitchen/dining room and a double garage. Viewing Highly Recommended. EPC Band - B

NEW

KENTFORD **£410,000**

This attractive four bedroom property is situated in a highly desirable location on Moulton Road, Kentford. The property includes such features as a multi fuel burner, large kitchen with breakfast island and a recently serviced hot tub in the rear enclosed garden. In addition the property also benefits from ample off road parking and a detached double garage to the front. EPC rating D.

NEW

FORDHAM **£400,000**

This attractively finished 4 bedroom property is located in the sought after village of Fordham. The property benefits from well-proportioned rooms, ample off road parking to the front and a double garage to the rear of the property. In addition to this extensive repertoire this property also has an idyllic enclosed rear garden with a stream from the River Snail running through the rear. EPC rating- D

Whatley Lane Estate Agents 13 High Street Newmarket Suffolk CB8 8LX Telephone: 01638 561187 Email: enquiries@wlea.co.uk

Morris Armitage

01638 742461
www.morrisarmitage.co.uk

BURWELL £199,995 — NEW PRICE

An end of terrace cottage comprising entrance porch, large living/dining room, kitchen, two bedrooms, first floor shower room. With replacement UPVC double glazing, gas fired heating and a well stocked rear garden with a detached double length garage. No onward chain.EPC (D)

ISLEHAM £239,995 — NEW

A refurbished detached bungalow overlooking open fields and offering entrance porch, hallway, kitchen/breakfast room, utility, sitting room, conservatory, 2 double bedrooms and a family bathroom, with plenty of parking and garage facility. Viewing recommended. EPC (F)

ISLEHAM £450,000 — NEW

A quite stunning detached 4 bedroom family home, presented to the highest of standards, standing within a delightful setting at the head of an exclusive development of just 5 similar properties and enjoying some breath-taking views over rolling countryside. EPC (tbc)

BURWELL £379,995 — NEW

A substantial, comprehensively renovated and extended non estate bungalow standing within good size gardens on the outskirts of the village. With four 4 bedrooms (en-suite to master) and an impressive kitchen/family room, rarely available, viewing is essential. EPC (D)

BURWELL £255,000 — NEW

A detached modern family home offering open plan accommodation consisting of entrance porch, cloakroom, living/dining room, kitchen, conservatory, three bedrooms (en-suite to master) and family bathroom, enclosed rear garden and driveway parking leading to garage. EPC (TBC)

BURWELL £250,000 — NEW

A recently constructed and high quality three bedroom family home centrally located within this well served village and positioned to the end of this modern cul-de-sac. Benefitting from a pleasant and fully enclosed rear garden, off road parking and garage. EPC (tbc)

NEWMARKET CAMBRIDGE HAVERHILL BURWELL KINGS LYNN BURY ST EDMUNDS DOWNHAM MARKET

Morris Armitage

01638 560221
www.morrisarmitage.co.uk

RED LODGE £139,000 NEW

A modern mid terrace property set within this established development and offering light and airy accommodation to include entrance hall, living room/dining room, refitted kitchen, three bedrooms, bathroom, fully enclosed rear garden and garage en bloc. EPC (D)

NEWMARKET £165,000 NEW

A charming flint frontage cottage set on the edge of the town centre, stylishly presented, this superb property offers entrance porch, sitting room, dining room with refitted kitchen, two good size bedrooms, first floor bathroom and fully enclosed courtyard style rear garden. EPC (D)

NEWMARKET £259,995 NEW

A greatly improved family home set within this prime residential area. Stylishly presented living room, open plan kitchen/diner extending into family room, three bedrooms and refitted family bathroom. Rear garden with extensive decking, garage and off road parking. EPC (tbc)

ASHLEY £417,500 NEW

An individually built, detached home offering spacious rooms to include entrance hall, living room, dining room, study, kitchen/breakfast room, utility room , four bedrooms, (en-suite to master), family bathroom, mature rear garden driveway and double garage EPC (D)

DULLINGHAM LEY £339,995 NEW

An extremely rare 2 bedroom detached period cottage delightfully positioned in one of the most stunning scenic and idyllic settings and enjoying views overlooking paddocks. Boasting a superb enclosed garden, detached garage and off road driveway parking. Viewing essential. EPC (tbc)

NEWMARKET £275,000 NEW

A modern detached bungalow located on the favoured south side of the town and comprising spacious rooms throughout to consist of lounge, kitchen, three bedrooms (ensuite to master) conservatory, garage and rear garden. Viewing strongly advised, no onward chain. EPC (tbc)

NEWMARKET CAMBRIDGE HAVERHILL BURWELL KINGS LYNN BURY ST EDMUNDS DOWNHAM MARKET

DAVID BURR

FRECKENHAM

Newmarket 8 miles - Cambridge 20 miles

A substantial detached Grade II Listed country residence in a village location. Drawing room, sitting room, dining room, orangery, library, study, kitchen, scullery, garden lobby, school house, cellar, 5 bedrooms (1 en suite). Carriage driveway, courtyard orchard and gardens.
In all about 0.6 of an acre.

Guide £825,000

BAYTHORNE END

Newmarket 17 miles - Clare 4 miles

A 2750 sq ft detached barn conversion situated in a quiet position. 4 reception rooms, study/playroom, kitchen /breakfast room, 4 bedrooms (1 en suite), shower room. Double garage, annexe/office, gardens.
In all about 0.27 of an acre.

EPC Rating: D

Guide £595,000

GAZELEY

Newmarket 5 miles - Bury St Edmunds 10 miles

Formally a pair of country cottages converted into a 4 bedroom detached property. The completed works have been signed off by Building Control, leaving potential purchasers to complete works to their individual requirements.
In all about 0.3 of an acre.

Offers in Excess of £450,000

STOKE BY CLARE

Newmarket 16 miles - Sudbury 21 miles

A charming Grade II Listed end of terrace property which requires some updating. Sitting room, dining room, kitchen, utility/shower room, 2 bedrooms, bathroom. Greenhouse, 2 garden sheds and gardens.

Price £229,950

GAZELEY

Newmarket 5 miles - Bury St Edmunds 10 miles

A delightful end of terrace Victorian flint cottage in an idyllic country location. Dining/family room, sitting room, kitchen, garden room, bathroom, cloakroom, 2 bedrooms. Workshop /garden store, study. Off road parking and gardens.

EPC Rating: F

Guide £265,000

www.davidburr.co.uk - Newmarket (01638) 669035

BURY ST. EDMUNDS ◆ CASTLE HEDINGHAM ◆ CLARE ◆ LEAVENHEATH ◆ LONG MELFORD ◆ NEWMARKET ◆ WOOLPIT ◆ LONDON SW1

DAVID BURR

HUNDON

Newmarket 13.5 miles - Cambridge 24 miles

A substantial 2708 sq ft detatched period style property. 3 reception rooms, kitchen, 5 bedrooms, (1 en suite), 2 bathrooms. Double garage, various paddocks, menege, stable block and swimming pool.
In all about 4 acres.

EPC Rating: D

Guide £925,000

ISLEHAM

Newmarket 13 miles - Cambridge 17 miles

A substantial 4 double bedroom detached property with stunning views over open countryside. Sitting room, garden room, kitchen/dining room, utility, study, cloakroom, bathroom. Double garage and gardens.

EPC Rating: C

Guide £435,000

RIDGEWELL

Newmarket 19 miles - Clare 4 miles

A charming Grade II Listed 15th Century cottage situated in a popular village providing a wealth of character features. Sitting room, dining room, kitchen,4 bedrooms, shower room, bathroom. Garage and gardens.

Guide £350,000

NEWMARKET

Bury St Edmunds 15 miles - Cambridge 13 miles

A spacious top floor apartment enjoying views over The Warren Hills Training Gallops and close to the town amenities. Sitting/dining room, kitchen, 2 bedrooms (1 en suite), shower room. 2 allocated parking spaces.

EPC Rating: C

Guide £365,000

KIRTLING

Newmarket 5.5 miles - Cambridge 18 miles

A charming extended detached country cottage in the heart of a thriving community. Sitting room, family room, kitchen, dining room, cloakroom, study, 3 bedrooms, bathroom. Off road parking and garden.

EPC Rating: E

Guide £315,000

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BURY ST. EDMUNDS ◆ CASTLE HEDINGHAM ◆ CLARE ◆ LEAVENHEATH ◆ LONG MELFORD ◆ NEWMARKET ◆ WOOLPIT ◆ LONDON SW1

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NEW

Cheveley O.I.E.O £695,000

Lincoln Lodge is a contemporary 4 bedroom detached house with a self contained 1 bedroom annexe, views over an adjoining park and paddocks. EPC: D.

NEW

Isleham £295,000

A charming 5 bedroom period property with exceptional character and attractively situated at the centre of the village. NO ONCWARD CHAIN. EPC: E.

NEW

Ousden £375,000

A charming 18th century grade II listed detached cottage standing in an idyllic location within this sought after village. Rarely available.

NEW

Fordham £379,500

A superbly presented 4 bedroom detached house attractively situated in a sought after development. VIEWING ESSENTIAL. EPC: Pending.

RICS NAEA ARLA

CAMBRIDGE ELY HAVERHILL **NEWMARKET** SAFFRON WALDEN ST IVES LONDON

Cheffins

Ashley £245,000

An individual 3 bedroom semi-detached property attractively situated in a private courtyard located close to the centre of the village. The property is offered with no chain and features a modern fitted kitchen/ dining room, a sitting room with an open fireplace and a 1st floor bathroom. VIEWING ESSENTIAL. EPC: C.

Newmarket £229,995

A beautifuly presented 3 bedroom semi detached family home situated in a well regarded residential development with an attractive private garden and good access to local shops and bus routes. EPC: D.

Ashley £400,000

A Grade II listed 3-4 bedroom period cottage situated close to the village centre. The property has been sympathetically extended, and features 2 reception rooms with exposed oak beams and an inglenook fireplace, a cottage style kitchen/ breakfast room and a separate utility room.

Newmarket £130,000

A 2 Bedroom ground floor maisonette standing in an established residential area North-West of the town centre with benefits of a rear garden,2 double bedrooms,gas fired central heating and sitting/dining room. NO CHAIN. EPC: D.

Burwell £249,950

A superbly presented 3 bedroom detached house sitting on a prime plot for a house of this type, offering both front garden and driveway for two cars, full 360 degree access and secluded rear garden. EPC: D.

Isleham £289,995

A 4 bedroom detached Victorian house situated with views over open fields. The accommodation includes 2 reception rooms, a kitchen / breakfast room, cellar, separate utility room and 2 bath / shower rooms. There is a detached garage and parking to the side and enclosed garden to the rear. NO CHAIN. EPC: F.

Chippenham £347,500

A superbly presented modern 4 bedroom detached house attractively situated in a village development with views to the rear over paddocks. The accommodation includes a bay fronted sitting room with an open fireplace, an open plan fitted kitchen and dining room and a master bedroom with ensuite bathroom. EPC: D.

Exning £499,500

A beautifully presented double fronted Victorian House standing in an excellent position with far reaching views over open fields. The impressive accommodation includes 4 reception rooms, 4 bedrooms and 3 bath/shower rooms. EPC: D.

Newmarket £155,000

A beautifully presented 2 bedroom end of terraced house standing in a sought after location, just south of the town centre. The property includes: 2 reception rooms, a modern fitted kitchen, bathroom, and an enclosed rear garden. EXCELLENT VALUE. NO CHAIN. EPC: D.

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DULLINGHAM

A charming and beautifully presented detached period cottage in a sought after village and enjoying views over paddocks.
Sitting Room/Dining Room • Kitchen • Bathroom • Rear Hall • Landing • Bedroom 1 with En-Suite Shower Room • Bedroom 2 • Attractive Courtyard Garden • EPC Rating 'F'.

New Guide Price £275,000 FF55240

STETCHWORTH

A well presented family house set in a sought after village location.
Covered Entrance Porch • Reception Hall • Sitting Room • Dining Room • Study • Kitchen • Breakfast Room • Hobby Room • Utility Room • Two Cloakrooms • Master Bedroom with En-Suite Shower Room • Four Further Bedrooms • Family Bathroom • Driveway and Parking • Double Garage • Enclosed Garden • EPC Rating 'E'.

Guide Price £595,000 FF56118

OUSDEN

An enchanting period house situated within an idyllic, private setting amidst undulating countryside.
4 Reception Rooms • Kitchen/Breakfast Room • Utility Room • Master Bedroom with En-Suite Shower Room • Guest Bedroom with En-Suite Bathroom • 3 Further Bedrooms and Bathroom • 2nd Floor Bedroom and Study • Driveway and Parking • 2 Bay Cartlodge • Outdoor Swimming Pool • Pond • Mature Gardens • EPC Rating 'E'.

Guide Price £890,000 FF54194

WICKHAMBROOK

A Grade II Listed Regency house in a private setting with a hard tennis court and paddock.
3 Reception Rooms • Kitchen/ Dining Room • Utility Room, Cloakroom • Cellar • Master Bedroom with Nursery/Dressing Room and En-Suite Bathroom • Four Further Bedrooms and Family Bathroom • Driveway and Parking • Landscaped Gardens • Paddocks and Hard Tennis Court.

Guide Price £895,000 FF52417

NEWMARKET

A beautifully presented 1920s house situated in a sought after edge of town location.
Reception Hall • Sitting Room • Dining Room • Kitchen/Breakfast/Family Room • Cloakroom • Master Bedroom with En-suite Shower Room • Four Further Bedrooms • Family Bathroom • Cloakroom • Driveway and Parking • Detached Garage • Large Garden • EPC Rating 'E'.

Guide Price £695,000 FF55975

STRADISHALL

An impressive 1930's family house with delightful grounds and paddocks.
Reception Hall • Dining Room • Drawing Room • Family Room • Kitchen/Breakfast Room • Study • Utility Room • Cloakroom • Master Bedroom with En Suite • 3 Further Bedrooms • Bathroom • Garage/Games Room • Driveway • Parking and Garden • EPC Rating 'F'.

Guide Price £785,000 FF37205

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STETCHWORTH

A beautifully presented Arts and Crafts country house offering extensive accommodation on the edge of this desirable Cambridgeshire village and close to Newmarket. 15.4 ACRES IN ALL (STS).

Reception Hall • 5 Reception Rooms • Kitchen • Utility Room • Boot Room • Two Cloakrooms • Cellar and Store Room. Master Bedroom with Dressing Room and En-Suite Bathroom • Four Further Bedrooms • Three Bath/Shower Rooms • Driveway and Parking • Garaging • Two Bay Cart Lodge with One Bedroom Annexe • Indoor Heated Swimming Pool with Sauna • Steam/Wet Room • Cloakroom • Games Room and Gym • 7/8 Stables • Tack Room • Feed Room • Hay Store • Paddocks • Floodlit Manege • Landscaped Gardens • Detached 3 Bedroom Cottage.

Guide Price £2,750,000 FF53195

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HERRINGSWELL

A distinctive and contemporary ground floor apartment forming part of a sympathetic conversion of an historic Grade II Listed manor house finished to the highest specification and set in approximately 8.4 acres (sts) of stunning communal grounds.

Entrance Hall • Sitting Room/Dining Room • Kitchen/Breakfast Room • Master Bedroom with En-Suite Shower Room • Bedroom 2 • Bathroom • Allocated and Visitors Parking • Communal Grounds • EPC Rating 'C'.

Guide Price £295,000 FF45581

NEWMARKET

A well presented and spacious first floor apartment situated in this highly regarded development backing onto Warren Hill Training Grounds.

Communal Entrance Hall • Entrance Hall • Sitting Room • Kitchen • Master Bedroom with En-Suite Bathroom • Bedroom 2/Dining Room • Shower/Cloakroom • Allocated and Visitors Parking • Communal Gardens • Private Balcony • EPC Rating 'B'.

Guide Price £395,000 FF56259

NEWMARKET

A well located detached house enjoying distant views towards the Warren Hill Training Grounds from the first floor with an enclosed rear garden and single garage.

Entrance Hall • Sitting Room • Dining Room • Conservatory • Kitchen • Utility Room • Cloakroom • Landing • Three Bedrooms • Bedroom 4/Nursery • Family Bathroom • Driveway and Parking • Single Garage • Enclosed Rear Garden • EPC Rating 'D'

Guide Price £285,000 FF56317

WORLINGTON

An extended and renovated period cottage offering flexible living accommodation with a partly walled garden and double garage.

Entrance Hall • Drawing Room • Lounge • Dining Room • Study • Kitchen/Breakfast Room • Utility Room • Cloakroom • 3 bedrooms (1 en suite) • Family Bathroom • Driveway and Parking •Detached Double Garage • Garden • EPC Rating E .

Guide Price £485,000 FF56257

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LAVENHAM

One of Lavenham's finest Grade I Listed Houses in a beautiful setting in the heart of the village.
Great Hall • 5 Reception Rooms • Kitchen/Breakfast Room, Office, Utility • 2 Cloakrooms • 2 Cellars • 9 Bedrooms • 7 En-suite Bath/Shower Rooms • 1 Further Bathroom • Triple Cart Lodge Garage • Double Garage • Workshop • Formal Gardens • Orchard • Paddock • Pond • Small Copse • TEL: 01284 700535

Guide Price £1,850,000 FF53627

BETWEEN CAMBRIDGE AND NEWMARKET

A substantial and impressive detached Neo-Georgian house offering extensive accommodation.
Columned Porch • Reception Hall • Sitting Room • Drawing Room • Dining Room • Kitchen/Breakfast Room • Playroom • Study • Cloakrooms • Laundry Room • Six Bedrooms (3 en suite) • Family Bathroom • Galleried Landing • Three Further Bedrooms • Potential Bathroom • Store Room • Garden • Paddock • Driveway and Parking • EPC Rating 'D'.

Guide Price £1,750,000 FF55418

NEWMARKET

A landmark Victorian former trainer's residence with planning permission for a single storey dwelling.
Reception Hall • Cloakroom • 3 Reception Rooms • Kitchen/Breakfast Room • Study • Utility Room • Extensive Cellars • Landing • 7 Bedrooms • 4 Bath/Shower rooms (2 En-Suite) • Annexe Potential • Driveway and Parking • Outdoor Heated Swimming Pool • Extensive Mature Grounds • EPC Rating 'E'.

Guide Price £1,175,000 FF55744

NOWTON

An exceptional high status Grade II* listed country house offering beautiful accommodation.
3 Reception Rooms • Library • Cloakroom • Conservatory • Kitchen/breakfast Room, • Old Dairy • Laundry • Store • Cellar • Master bedroom with shower room, 3 Further Bedrooms • 2 Family Bathrooms • 2 Further Bedrooms • Dressing Room • Study and Sitting Room • TEL: 01284 700535

Guide £1,475,000 FF53626

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01638 660303

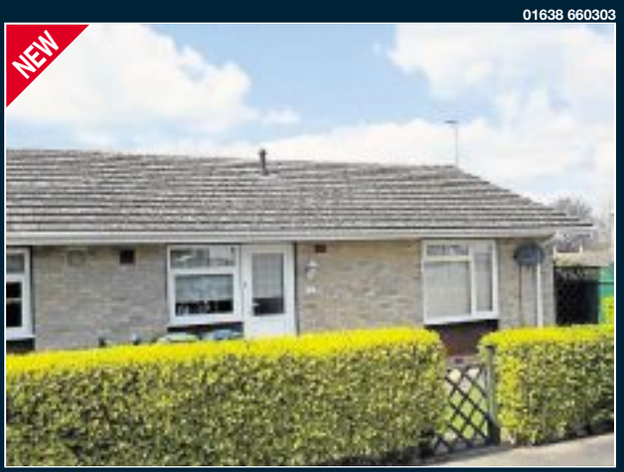
NEW PRICE

Burwell **£227,500**

A well presented three bedroom detached family home in a sought after residential scheme close to the centre of Burwell. The property has been updated within recent times with a modern kitchen and bathroom. Offered with no upward chain this property is well worth an internal inspection. EPC D

01638 660303

NEW



Cheveley **£180,000**

A refurbished modern two bedroom semi detached bungalow situated within a cul de sac in the much sought after village of Cheveley. The property boasts a modern kitchen and bathroom along with replacement double glazing and a new oil boiler. EPC 'B'

01638 660303

TO LET

Soham **£675 pcm**

A deceptiveley spacious Semi detached house equipped with Gas radiator heating and d/b glazing. Two double bedrooms, family bathroom, large Kitchen, bright Living room, Breakfast room/ diner. Good decoreative order and Parking () EPC D

01638 660303

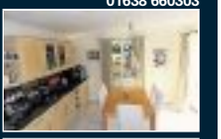
TO LET

Soham **£800 pcm**

Detached Bungalow set back from the Road in good sized gardens. 3 Bedrooms, Living room, Dining room, modern Kitchen, Bathroom, gas radiator heating. double glazing Off Road parking. No Smokers - No pets. () EPC D

01638 660303

NEW



Newmarket **£385,000**

An individual four storey detached town house in a much sought after location close to the railway station and town centre offering versatile accommodation. The property has been updated and decorated within recent times and viewing is essential to fully appreciate the full potential this home has to offer. EPC (TBC)

01638 660303

NO UPWARD CHAIN

Newmarket **£159,000**

An extended two bedroom semi detached house with a garage in a block in a popular location just to the North of the town with easy access to A14, Tesco's, Retail park and town alike. Offered with no upward chain this is well worth a look. EPC D

01638 660303

NO CHAIN

Burwell **£165,000**

A two bedroom semi detached bungalow in need of alittle updating situated at the end of a cul de sac with an enclosed rear garden and large front garden. EPC D

01638 660303

NEW

Burwell **£250,000**

An absolutely fabulous modern three bedroom semi detached family home presented to an extremely high standard situated within a much sought after cul de sac. Entrance Hall, Sitting Room, Dining room, Kitchen, Rear Lobby, Cloakroom, Three Bedrooms, Master with En-Suite, Bathroom, Garage and Garden.

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Fairlawns, Newmarket

A large four bedroom detached house in a favoured part of the town near to the racecourse. recently refurbished throughout. Entrance hall, lounge with gas fire, kitchen, cloakroom, utility area, dining room; Main bedroom with en-suite shower room, two further double bedrooms and one single bedroom, family bathroom. Pleasant enclosed rear garden, gas central heating, garage and driveway. Pets considered. EPC=C

£1,350 pcm

Available: Now

Ash Grove , Burwell

A spacious apartment for the over 55's set within a tasteful development and a popular village. Electric storage heaters, ample parking, a laundrette and communal gardens. Rent includes service charges, EPC = D

£600 pcm

Available: Now

Ardross Court, Six Mile Bottom

One bed ground floor apartment conveniently located for Newmarket, Cambridge, A11 and A14. Lounge/diner, fitted kitchen, double bedroom, bathroom and shower, secluded communal garden. E7 heating, allocated parking. Sorry, no pets/smokers. EPC = D

£525 pcm

Available: Now

The Manor Lodge, Barton Mills

IDEAL USAF! Set in the beautiful, gated grounds of The Manor house, this spacious detached property is only a few miles from both Lakenheath and Mildenhall. An excellent location with stunning views over open fields. Lounge, dining room / office, conservatory, kitchen; Three bedrooms, bathroom and shower. Oil fired heating, large garden and parking. EPC=F

£950 pcm

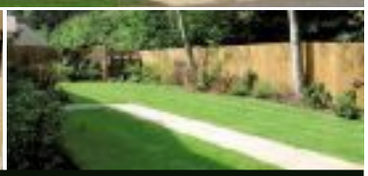
Available: 1st June

PROPERTIES ALWAYS REQUIRED **Admin fees apply, please ask for more details.**

SHOWHOME FOR SALE

FARRIER'S GRANGE

KENTFORD, NR NEWMARKET, SUFFOLK



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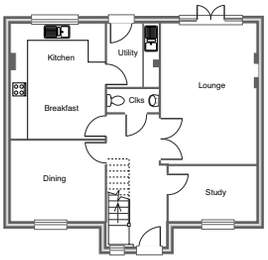
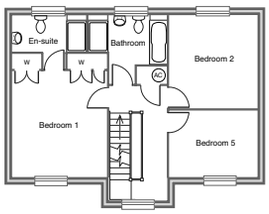


FIRST



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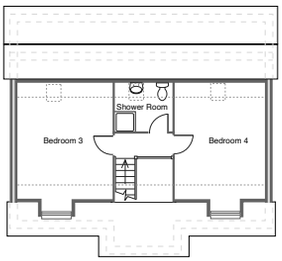

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Cover**PROPERTY**

Frankie Dettori's family home

Stetchworth: £2,750,000

- White Horse Stables
- Grade II listed
- Arts and Crafts
- Five bedrooms
- Detached two bed cottage

THE family home of Champion jockey Frankie Dettori, White Horse Stables in Stetchworth, near Newmarket, is now on the market with a guide price of £2,750,000.
This beautifully presented property is an impressive Grade II listed Arts and Crafts country house that was built in 1905.
White Horses Stables boasts accommodation including a reception hall, four reception rooms, a kitchen which opens to a large dining/living/entertaining room, a master bedroom suite and four further bedrooms.
The property also comes with a detached two bedroom cottage, garaging and a cart lodge with guest accommodation.
As befits the home of this celebrated jockey, winner of over 500 races and known for his distinctive "flying dismounts", there are also stables, fenced paddocks, a floodlit manege, most attractive landscaped gardens, an indoor swimming pool and a fitness suite, with 15 acres in total.
For more details, or to make an appointment to view White Horse Stables, contact Jackson-Stops and Staff by telephoning them on (01638) 662231.

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*Price advertised is inclusive of service and support charge. Other charges may apply. 55-59 year olds may also be considered for certain properties (details available on request). You may be eligible for housing benefit – please ask for details. Subject to status, terms and conditions..

hanover

Gazeley: £450,000

THIS recently extended four bedroom cottage in the hamlet of Needham Street near Gazeley in Suffolk is on the market for offers in excess of £450,000. It has a sitting room, kitchen/dining room, utility room, family room, study and downstairs cloakroom. Upstairs the master bedroom has en suite bathroom with bath and shower, three more bedrooms and a generous family bathroom. Outside there is a cart lodge, dining terrace, lawned grounds and a small orchard.

To arrange a viewing, call David Burr on (01638) 669035.

Peter Michael

Property Sales & Letting Agents

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Chippenham £134,500

Detached house in sought after village with accommodation comprising kitchen, lounge/dining room, bedroom and bathroom. The property benefits from electric heating and enclosed rear garden. EPC Rating D

Soham £116,500

New

Ideal first time buy or investment. two bedroom first floor flat, elctric heating, entry phone, double glazing, allocated parking. Chain Free. EPC Rating TBC

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Soham £264,950

Detached bungalow with accommodation comprising cloakroom, kitchen, lounge, three bedrooms and shower room. The property benefits from enclosed garden and driveway leading to garage/workshop. EPC Rating D.

Soham £154,950

Semi detached house offering two bedrooms, lounge/dining room, kitchen and bathroom with off road parking and enclosed rear garden. Viewing is strongly recommended. *No onward chain* EPC Rating TBA

Soham £450

To Let

First floor flat with accommodation comprising living/kitchen area, bedroom and bathroom. EPC Rating G. *Tenancy application fees apply from £200*

Littleport £1,500

To Let

Detached house with three reception rooms, kitchen, utility, cloakroom, four bedrooms, two en-suites, shower room and bathroom. Available now. EPC Rating C. *Tenancy application fees are applicable from £200 plus VAT.*

Soham £900

To Let

Newly built semi detached house with accommodation comprising lounge, kitchen, cloakroom, three bedrooms with en-suite to master and bathroom. EPC rating C. *Tenancy application fees apply from £200*

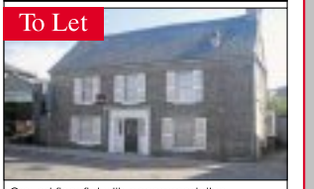
Soham £1,300

To Let

Four bedroom detached property, recently refurbished with two reception rooms, kitchen and utility, enclosed rear garden and garage, Available immediately. EPC rating D. *Tenancy application fees apply from £200*

Soham £525

To Let



Ground floor flat with accommodation comprising hall, lounge, kitchen, two bedrooms and shower room. EPC Rating G. *Tenancy application fees are applicable from £200 plus VAT.*

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Your Guide to Moving Home

Moving home can be a complicated business and in the hectic run up to the big day it is all too easy to forget something vital. The team offers their readers this handy checklist to help avoid any major pitfalls. We suggest you tick them off as you go....

1 4-2 WEEKS TO GO:

- ❑ **Packing** – start packing and sorting through your belongings. Now is a good time to de-clutter and pack items rarely used. Make sure you have plenty of sturdy boxes, bubble wrap and sticky tape.
- ❑ **Removal companies** – get estimates from removal companies, checking that comprehensive insurance cover is available against damage or loss. Is there a packing and unpacking service? Confirm the date of your move with the firm you have chosen.
- ❑ **Insurance** – check on your home contents insurance policies to ensure that you are covered for the move, and covered at your new address.
- ❑ **Utilities** – make arrangements for your gas and electricity meters (plus water meters where relevant) to be read and all your appliances to be disconnected on the day of your move. Arrange to take over gas and electricity at your new address, and make sure that all appliances will be properly fitted, plumbed or connected.
- ❑ **Telecommunications** – Notify your telephone and broadband provider and ask them to make the necessary arrangements for a final account at your present address, and for taking over or installing telephone and broadband facilities at your new home.
- ❑ **Post** – Look into re-directing your post for a few months to make sure you receive all relevant correspondence.
- ❑ **Children** – Look into the possibility of your children, especially young children, staying with family or friends on the day of the move.
- ❑ **Pets** – Make arrangements for any pets to be booked into a cattery or kennels if required. Having your pets microchipped is a good idea and if already microchipped, have the address changed to your new one. Your vet can advise on this.

2

Change of address – tell companies and organisations that you are moving!

Notify:

- ❑ Employer
- ❑ Inland revenue
- ❑ Local council
- ❑ Banks or Building Societies
- ❑ Credit companies, store cards & other accounts
- ❑ Gas, Electricity and water boards
- ❑ Insurance companies
- ❑ Land / mobile phones
- ❑ Internet and cable / satellite TV providers
- ❑ Doctor, Dentist and Opticians
- ❑ DVLA
- ❑ Veterinary surgery
- ❑ TV Licensing

3 1 WEEK TO GO:

- ❑ **Delivery address** – change delivery address of your Cambridge News, milk, groceries and fuel to your new address as appropriate.
- ❑ **Laundry** – do any last minute laundry that you can – have you arranged for a plumber to disconnect your washing machine correctly?
- ❑ **Kitchen cupboards** – go through your kitchen cupboards and throw out anything not in date. Also check that all jars and bottles are correctly sealed before packing.
- ❑ **Fridges / Freezers** – empty and clean out in preparation for moving. If you are moving a freezer and its contents, turn it up to maximum for a couple of days before you move.
- ❑ **Valuables / documents** – put these in safe place for moving day

4 2-1 DAYS TO GO:

- ❑ **Packing** – pack a bag for overnight essentials and toiletries and finish all remaining packing into boxes. Remember to label which room each box is destined for.
- ❑ **Snack box** – pack a box for the kitchen to include essentials like tea, coffee and sugar, as well as the kettle and mugs! Also include other snacks as necessary.
- ❑ **Dismantle and disconnect** – take down curtains, fixtures and fittings and disconnect white goods ready for transport.
- ❑ **Outdoor items** – make sure that these are stacked together and ready to be moved.
- ❑ **Mobile** – place your mobile on charge the night before moving and ensure that all relevant people have your number.

5 ON MOVING DAY:

AT YOUR OLD ADDRESS:

- ❑ Strip beds and pack bedding and nightclothes.
- ❑ Finish packing toiletries box.
- ❑ Direct removal firm personnel or friends helping you move as to what needs to be done.
- ❑ Turn off electric appliances.
- ❑ Disconnect cooker.
- ❑ Turn off boiler / central heating.
- ❑ Turn off water.
- ❑ Read gas meter.
- ❑ Read electricity meter.
- ❑ Secure all windows.
- ❑ Lock all doors.
- ❑ Make final checks and leave key as arranged with new owners.

AT YOUR NEW HOME:

- ❑ Open up & have a look around the new house.
- ❑ Locate fuse box, gas and electric meter and stop cock for reference.
- ❑ Take readings on gas, electric and water meters as appropriate.
- ❑ Organise the direction of boxes to appropriate rooms.
- ❑ Check the van after all is unloaded.
- ❑ Make the beds up for the evening.
- ❑ Sit down and relax – unpack the other boxes the next day.

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Average used car is £7,387

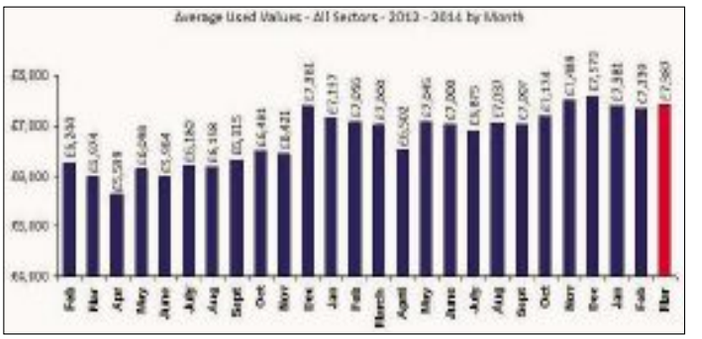
AS the SMMT reports a 17.7 per cent increase in new 14-plate car sales in March (see story on page 24), leading remarketing business, British Car Auctions (BCA), has released its data for the same month for used cars.

BCA's latest Pulse report shows the average value of a used car increased by £57 to £7,387 in March – the highest monthly value this year and the third highest on record. BCA's data showed that used car values werea head by £387 or 5.5 per cent, year-on-year.

Tim Naylor, editor of BCA's annual Used Car Market Report explained: "Despite volumes remaining significantly higher than we have seen in recent months, demand was very strong across the range of cars on offer at BCA in March.

"In fact, used car sales have been exceptionally buoyant in the first three months of this year. Much of this must be down to motorists feeling a little more confident as the economy improves and looking to change their current used car for a newer and possibly more economical model. Even though the economic conditions are improving, research carried out by BCA in January shows that the cost of fuel remains top of the list of concerns for motorists, so fuel economy is very important."

He continued: "But as Easter approaches, we expect to see some downward pressure on average values and the market is already showing early signs of softening. People tend to turn their attention to paying for the summer holiday once Easter has been and gone, and plans for changing the family car often get postponed until the early autumn."



USED CAR PRICES: On the up, albeit by a modest amount

REVISED: The Alfa Romeo Giulietta hits t60 this year

Giulietta's 60th offer

CHECK this out for inflation: to celebrate 60 years since the launch of the original Giulietta, Alfa Romeo is offering a finance deposit contribution equivalent to the outright purchase price of the original car.

The stunning 1954 Giulietta sold for £1,250, which is precisely what Alfa is offering buyers of the 2014 model if they take out a PCP finance deal and meet a few criteria.

What's more, a new £510 Lunar Pearl colour option will be thrown into the bargain for customers taking up the deal in the 60th anniversary celebration window.

The deal, which runs from April 7 to April 22, will also net buyers an entry into a competition to win a value swap. Effectively the free £1,250 will be swapped with the remaining value of the car.

As Alfa itself puts it: "it's a 2014 Giulietta for the price of the 1954 original!"

The Giulietta range has been extensively revised for 2014 with more technology including standard Uconnect touch-screen infotainment systems, updated engines, redesigned seats, and improved standard spec.

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07 (07)	Land Rover Freelander TD4 SE, 2.2, Diesel, 5dr Estate, Orange, 54,000miles	£12,995
11 (61)	Peugeot 508 SW SR, 2.0, Diesel, 5dr Estate, Blue, 27,353miles	£10,995
12 (62)	SEAT Ibiza CR TDI FR, 1.6, Diesel, 3dr Hatchback, White, 22,000miles	£10,495
11 (61)	Kia Ceed 2 EcoDynamics, 1.6, Diesel, 5dr Hatchback, Silver, 5,000miles	£9,995
12 (12)	Vauxhall Astra SRi, 1.6, 5dr Estate, Grey, 21,000miles	£9,995
07 (07)	Alfa Romeo Spider, 2.4, Diesel, 2dr Convertible, Red, 40,000miles	£9,995
10 (10)	Peugeot 3008 HDI SPORT, 2.0, Diesel, 5dr Hatchback, Silver, 35,421miles	£9,295
09 (09)	VW Golf SE TSI, 1.4, 5dr Hatchback, Blue, 35,000miles	£9,995
08 (57)	VW Golf GT SPORT TDI, 2.0, Diesel, 3dr Hatchback, Grey, 48,000miles	£9,995
08 (08)	Suzuki Grand Vitara X-EC, 1.9, Diesel, 5dr Estate, Grey, 41,600miles	£9,995
10 (60)	Citroen C4 Picasso VTR+, 1.6, Diesel, MPV, Silver, 40,300miles	£9,795
10 (60)	Skoda Roomster Scout, 1.6, Diesel, 5dr MPV, Black, 31,000miles	£9,495
10 (60)	Vauxhall Zafira Energy, 1.7, Diesel, 5dr MPV, Silver, 48,500miles	£7,995
06 (56)	Land Rover Freelander Freestyle, 2.0, Diesel, Estate, Silver, 52,700miles	£7,995
09 (59)	Citroen C5 VTR PLUS HDI NAV, 1.6, Diesel, 5dr Estate, Silver, 52,000miles	£7,995
08 (58)	Ford Mondeo ZETEC TDCI, 1.8, Diesel, 5dr Hatchback, Grey, 27,000miles	£7,995
10 (60)	Citroen C3 Picasso Exclusive, 1.6, Diesel, MPV, Black, 23,907miles	£7,995
09 (09)	Ford Focus TITANIUM TDCI, 1.6, Diesel, 5dr Hatchback, Silver, 30,000miles	£7,995
11 (60)	Suzuki SX4 SZ-L, 1.6, 5dr Hatchback, Black, 19,168miles	£7,995
09 (59)	Kia Ceed Sport, 2.0, Diesel, 5dr Hatchback, Silver, 47,149miles	£7,495
11 (11)	Ford Fiesta Zetec, 1.2, 3dr Hatchback, Silver, 18,000miles	£7,495
09 (09)	Ford Fiesta STYLE PLUS, 1.2, 5dr Hatchback, Silver, 21,000miles	£7,495
11 (61)	Suzuki Splash SZ4, 1.2, 5dr Hatchback, Grey, Auto, 9,000miles	£7,495
11 (11)	Vauxhall Corsa SE, 1.4, 5dr Hatchback, Black, Auto, 26,270miles	£7,495
08 (58)	Ford C-Max Zetec, 1.8, Diesel, MPV, Red, 20,000miles	£7,295
12 (12)	Vauxhall Corsa SXI AC, 1.2, 3dr Hatchback, White, 28,000miles	£7,295
11 (60)	Peugeot 207 Active, 1.6, Diesel, Hatchback, Silver, 37,000miles	£6,995
10 (10)	Peugeot 308 S, 1.6, 5dr Hatchback, Grey, 24,000miles	£6,995
11 (11)	Peugeot 207 Envy, 1.4, 5dr Hatchback, Grey, 30,062miles	£6,995
08 (58)	Ford Mondeo Edge, 2.0, Diesel, 5dr Hatchback, Blue, Auto, 46,000miles	£6,995
11 (61)	Peugeot 207 Active, 1.4, 5dr Hatchback, Silver, 13,000miles	£6,995
09 (09)	Ford Focus C-Max ZETEC, 1.8, 5dr MPV, Red, 21,500miles	£6,995
10 (60)	Fiat Bravo MULTIJET DYNAMIC DUALOGIC 120, 1.6, Diesel, 5dr, Grey, Semi-Auto, 27,000miles	£6,995
09 (09)	Hyundai Coupe SRI, 2.0, 3dr Coupe, Grey, 36,000miles	£6,995
10 (60)	Vauxhall Meriva SE, 1.4, 5dr MPV, Black, 35,000miles	£6,995
09 (09)	Vauxhall Insignia SRI NAV, 1.8, 5dr Hatchback, Blue, 57,619miles	£6,795
10 (10)	Ford Fiesta EDGE, 1.2, 5 dr Hatchback, Silver, 31,400miles	£6,795
10 (10)	Ford Focus ZETEC TDCI, 1.6, Diesel, 5dr Hatchback, Silver, 67,000miles	£6,695
09 (09)	Mercedes A150 A-Class Classic SE, 1.5, 5dr Hatchback, Silver, 42,000miles	£6,695
10 (10)	Citroen C3 VTR, 1.4, 5dr Hatchback, Beige, 26,000miles	£6,495
10 (10)	Honda Jazz SE, 1.2, 5dr Hatchback, Red, 33,000miles	£6,495
10 (10)	Fiat Punto Evo MULTIAIR GP, 1.4, 5dr Hatchback, Grey, 44,000miles	£6,495
09 (09)	Vauxhall Astra Twin Top Sport, 1.8, 2dr Convertible, Blue, 29,000miles	£6,495
09 (09)	Ford Focus STYLE, 1.8, 5dr Hatchback, Black, 43,071miles	£6,295
09 (59)	Vauxhall Astra SXI, 1.6, 3dr Hatchback, Red, 22,324miles	£6,295
10 (60)	Vauxhall Corsa ENERGY, 1.2, 3dr Hatchback, Silver, 31,000miles	£5,995
08 (08)	Ford Focus ZETEC, 1.6, 5dr Hatchback, Red, 33,401miles	£5,995
09 (59)	Peugeot 207 S, 1.4, Hatchback, Blue, 21,000miles	£5,995
08 (08)	Toyota Auris T3, 1.6, 5dr Hatchback, Blue, 35,000miles	£5,995
09 (59)	Toyota Yaris TR, 1.4, Hatchback, Red, 26,000miles	£5,995
09 (59)	Kia Pro Ceed 1, 1.4, Hatchback, Silver, 34,000miles	£5,995
10 (59)	Suzuki Swift SZ3, 1.4, 3dr Hatchback, Grey, 21,000miles	£5,995
08 (58)	Peugeot Partner Combi ESCAPADE HDI, 1.6, Diesel, 5dr MPV, Silver, 28,000miles	£5,995
07 (07)	Suzuki Grand Vitara DDIS, 1.9, Diesel, 5dr Estate, Beige, 93,000miles	£5,995
12 (12)	Hyundai i10 CLASSIC, 1.2, 5dr Hatchback, Blue, 9,163miles	£5,995
05 (05)	MINI Hatch COOPER, 1.6, 3dr Hatchback, Red, 47,500miles	£5,795
08 (58)	Ford Fiesta ZETEC BLUE, 1.2, 5dr Hatchback, Purple, 24,000miles	£5,795
09 (59)	Peugeot 207 VERVE, 1.4, 5dr Hatchback, Black, 29,000miles	£5,495
08 (08)	Vauxhall Astra LIFE CDTI, 1.2, Diesel, 5dr Hatchback, Black, 46,531miles	£5,495
08 (58)	Vauxhall Corsa Life CDTI, 1.3, Diesel, 5dr Hatchback, Silver, 37,761miles	£5,495
10 (10)	Renault Clio S, 1.2, 3dr Hatchback, Red, 41,000miles	£5,495
07 (07)	Ford Focus Ghia, 1.6, Diesel, 5dr Hatchback, Blue, Auto, 42,000miles	£5,495
09 (59)	Peugeot 207 S, 1.4, 3dr Hatchback, Red, 19,000miles	£5,495
09 (09)	Ford KA Zetec, 1.25, 3dr Hatchback, Silver, 27,000miles	£5,495
08 (08)	Vauxhall Vectra Life CDTI 120, 1.9, Diesel, 5dr Estate, Silver, 43,740miles	£5,495
04 (04)	Ford Galaxy GHIA TDDI, 1.9, Diesel, 5dr MPV, Green, 66,400miles	£5,495
08 (58)	Nissan Note TEKNA, 1.6, 5dr MPV, Blue, Auto, 33,400miles	£5,295
06 (56)	Vauxhall Zafira LIFE 16V, 1.6, 5dr MPV, Silver, 33,000miles	£4,995
09 (58)	Peugeot 308 SW S HDI, 1.6, Diesel, 5dr Estate, Black, 69,700miles	£4,995
09 (09)	Ford KA STYLE, 1.2, 3dr Hatchback, Silver, 23,033miles	£4,995
09 (09)	Kia Picanto Chill, 1.1, 5dr Hatchback, Blue, 25,000miles	£4,995
07 (57)	Renault Clio Dynamique, 1.5, Diesel, 3dr Hatchback, Silver, 38,500miles	£4,995
09 (09)	Renault Grand Modus Dynamique, 1.5, Diesel, 5dr Hatchback, Purple, 66,000miles	£4,995
08 (08)	SEAT Ibiza Sportrider, 1.4, 3dr Hatchback, Grey, 27,000miles	£4,995
05 (55)	MINI Hatch Mini, 1.6, 3dr Hatchback, Green, 61,000miles	£4,995
09 (59)	Suzuki Splash 16V, 1.2, 5dr Hatchback, Red, 45,000miles	£4,995
08 (08)	Ford Focus STYLE, 1.6, 5dr Hatchback, Grey, 57,726miles	£4,995
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08 (58)	Vauxhall Corsa BREEZE, 1.2, 5dr Hatchback, Blue, 38,000miles	£4,995
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08 (08)	Ford Fusion Zetec Climate, 1.6, 5dr Hatchback, Grey, Auto, 43,000miles	£4,795
08 (08)	Vauxhall Astra Life, 1.3, Diesel, 5dr Estate, Silver, 68,000miles	£4,795
06 (56)	Ford Focus ZETEC CLIMATE, 1.6, 5dr Hatchback, Silver, 43,645miles	£4,695
08 (58)	Vauxhall Corsa BREEZE, 1.2, 3dr Hatchback, Silver, 56,900miles	£4,495
08 (58)	Vauxhall Vectra WT EXCLUSIV, 1.8, 5dr Hatchback, Black, 59,763miles	£4,495
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Nissan Qashqai Tekna

factfile

Prices: £17,595-£27,845
Top speed: 118mph
0-60mph: 10.5 seconds
Economy (Comb'd): 64.2mpg [1.6 dCi 2WD manual]
Emissions: 99-187g/km
Insurance: Groups 13-17
Standard Safety Features: ABS with Brake Assist and EBD, ESP, Active front headrests, twin front/side/curtain airbags

verdict

Looks: Enhanced outside and inside
Practicality: It's a fantastic car
Performance: Not just up there with the best, it *is* the best!

IT says a lot about Nissan's recent success that the biggest rival the new Qashqai has is the old one, *writes Chris Lilly.*

The original became a best-selling compact crossover and kick-started the trend for manufacturers to make family hatches on stilts.

Even towards the end of its production life, the old Qashqai remained around the top of its class and competed well against newer models from other manufacturers.

Like the 'difficult second album', Nissan has a tough task to replicate the first Qashqai's success – so how does the new one measure up?

When you walk up to the Qashqai two things quickly become clear. Firstly, it's obvious how well designed the Nissan is. The styling is nicely balanced and, even with a number of bold shapes, it isn't so extreme as to put buyers off (unlike its little brother, the Juke!).

Secondly, it isn't until you get up close that you realise how much work has been done on the car's surfacing. There are many creases and curves that you just can't pick out from photographs and the level of detail in the bodywork is a good indicator of the work put into the rest of the car.

Nissan hasn't just worked hard on the exterior it's the cabin where the new Qashqai excels most.

It's bigger than before thanks to Nissan adding a smidge of extra width and a little added length. This is reflected in the space available inside which will easily cope with four adults or a family of five – along with any required luggage. These occupants not only have good levels of head, leg and shoulder room – a six-foot adult has ample space in the back – but they'll also be comfy as the seats are excellent.

The load space has a few clever storage ideas, including a flat floor that can be removed to give a deeper load bay. That floor can also be tilted up to the perpendicular and placed in a couple of deep grooves to divide the space into convenient compartments.

The rest of the interior sees similar touches and signs of quality. There's lighting around the gearstick and the dash and instruments are made from quality materials and are clear and easy to use. The dials are set back in the binnacles and the steering wheel is a good size and clutter-free. Its focus is clearly for turning the car rather than for phoning someone while setting the cruise control/changing radio stations.

That isn't to say that the Qashqai is lacking in technology – far from it.

I tested the top-spec Tekna edition which had so many safety features as to make your head spin. Most useful of these was the all-round view which uses cameras below the badge on the grille, the wing mirrors and the boot release to give you a 'top down' view of your surroundings – as though a helicopter is hovering above you, sending a video feed to the screen.

This makes parking much simpler and, although it sounds gimmicky, quickly proves useful in car parks, becoming something you rely on.

The Qashqai's best feature isn't the clever technology or comfy cabin though but is found from the driver's seat – the new Nissan is a really good car to drive.

Obviously it's not going to compete with a Ferrari in terms of driving dynamics since it's a family car – but you can have a laugh in it should you wish, a rarity with this type of car.

There is more grip through the corners than you first imagine and the car stays pretty level through those bends, holding on with no hint of understeer, even when driven with plenty of spirit.

The ride is even better than the handling though. Despite offering strong levels of grip, the suspension never gets uncomfortable and will soak up the worst Cambridge's roads have to throw at it. Speed bumps and pot holes are dealt with easily, but equally the ride is not so soft as to bounce the car about.

The balance between ride and handling has been struck perfectly and exactly matches the needs of owners.

This, combined with the well-weighted steering and slick gear change offer one overriding adjective for describing the Qashqai – smooth.

I realise that this test sounds glowing and, as with any car, the Qashqai has flaws – there just aren't many of them.

The base of the front pillar and driver's side wing mirror combine to create quite a blind spot while the engine I tested was a bit gutless.

That said, I drove a 1.2 DIG-T turbo petrol unit which produces 113bhp and 140 lb ft of torque so it's not unexpected that it can be found wanting when worked hard.

If I were spending my own money on a new Qashqai I would pick the 1.5dCi diesel engine. It produces a little less power but the 192 lb ft of torque will prove more useful and, having driven the same powerplant in other Nissan and Renault models, it's often a good pick. It costs a bit more than the 1.2 DIG-T but emits just 99g/km CO2 and returns more than 70mpg. To compare, I averaged mid to high 40s in the test model.

Other than those few points, the Qashqai is a fantastic car and should definitely be considered when looking for a family workhorse. Nissan has worked hard to improve on the original and has done so successfully – a terrifying piece of news for those aiming to break the Qashqai's dominance.

■ More from Chris at *chris-lilly.com.*

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TV wall bracket Crown Merton TV wall bracket, white, 355 x 305mm, has corner pads but no adhesive on them. I don't know any more about it but can email a photo. Buyer collects from Eaton Socon, St Neots. £5 ono Tel: 01480 472661

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Sunderland City Council

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Round-up

Motorsport

Marrakech misery for Huff

DIFFICULT WEEKEND: Rob Huff in action in his Lada Sport Lukoil Granta Sport TC1 during practice in Morocco

ROB Huff suffered a disastrous start to the World Touring Car Championship as mechanical problems meant the Lada Sport Lukoil driver failed to finish the first race in Morocco and did not start the second.

The Newmarket driver, whose team had had limited testing, had to come into the pits after just six laps of the first race at the Circuit Moulay El Hassan street track in Marrakech, as his Granta Sport TC1 was misfiring, and he was unable to continue.

The car had suffered turbo failure and could not be fixed in time for the second race.

Huff, who won the title in 2012, did eventually come onto the track for a couple of laps to allow the team to collect some data as they look to get in better shape for the next meeting in France this weekend.

"I'm trying to take it positive, we're learning a lot because we went here without testing at all," said Huff.

José María López took victory in the first race, as the Citroën Total team completed a one-two-three.

The Argentine crossed the line ahead of team-mates Sébastien Loeb and Yvan Muller. The three C-Elisée cars led from lights to flag, creating a huge gap between them and the rest of the field.

There was more joy for Citroën in the second race. Loeb took his maiden win in the WTCC in what was only his second start in this championship.

López, who is the first leader of the championship, thanks to the pole position points, finished second.

The race was marked by an accident at the start between polesetter Tom Coronel and Mehdi Bennani. In the melee, the Citroën of Muller was also an innocent victim.

Hugo Valente took a brilliant first podium with the Campos Racing Chevrolet.

Huff's team-mate James Thompson finished 10th in the first race but did not start the second due to problems with the brakes and cooling system.

But Mikhail Kozlovskiy scored Lada's first points with sixth place in the second race.

■ Oliver Jarvis made a promising start to his Super GT campaign in Japan with a fourth place finish at the opening round in Okayama.

Expectations had been high following a productive pre-season but Jarvis and Team SARD co-driver Hiroaki Ishiura had to settle for ninth on the grid after a small mistake cost them a place in the second qualifying period.

In the race, Newmarket driver Jarvis took the wheel first and moved up two places on the opening lap.

Jarvis continued to climb through the field, and when he handed over to Ishiura on the 37th lap, his Lexus RC F was in fifth place.

Ishiura gained one place to finish the opening round in fourth.

"Finishing fourth is a great start," said Jarvis.

"We were aiming and hoping for a podium, but to score points in Okayama leaves us in a great starting position for the rest of the season."

The Keeper Tom's RC F Lexus driven by Daisuke Ito and Andrea Caldarelli won the race. The pair lead the championship with 20 points. Jarvis and Ishiura are on eight.

The championship resumes in Fuji on May 3.

Golf

Clough and Bell claim victory

JAMES Clough and Gareth Bell emerged victorious from a five-card play-off in Cambridgeshire Area Golf Union's County Fourball at Bourn Golf Club.

The early scores indicated that players were finding the greens tricky due to the lack of growth at this time of year.

Iain Clark and Chris Offer set the pace for the home club with 41 points, scoring an excellent 21 on their last nine holes.

They were joined on 41 by Saffron Walden's Ian Cambridge and Gog Magog's Lance Key, with their round containing two nett eagles, on the fifth and 17th holes.

There were three pairs on 40 points – Bourn's Andy Stubbs and Craig Sutherland, who got 23 points on the front nine, Ely City's Martin Grey and Chris Nixon, and veterans Lee Yearn and Mark Smith.

In the afternoon, Clark and Offer added 37 points to their tally to finish with 78 points and they were joined at the top of the leaderboard by the Links' Clough and Gog Magog's Bell.

Stubbs and Sutherland soon made it three pairs on 78 points and after recovering from only 17 points on their first nine holes, they were joined by Cambridge and Key after a strong challenge on the back nine.

Grey and Nixon won the contest with their playing partners to make it a five-way tie at the top, with Yearn and Smith falling just one point short on 77.

The competition's secretary was kept busy doing card play-offs for the five pairs on 78 points, and the verdict went to Clough and Bell.

Leaderboard: 1 James Clough and Gareth Bell (Links & Gog Magog) 78, 2 Martin Grey and Chris Nixon (both Ely City) 78, 3 Craig Sutherland and Andrew Stubbs (both Bourn) 78, 4 Iain Clark and Chris Offer (both Bourn) 78, 5 Ian Cambridge and Lance Key (Saffron Walden & Gog Magog) 78. Best afternoon round – Jack Edge and Jody Greenall (Brampton) 40.

For more sports news visit cambridge-news.co.uk/sport

Football

Jockeys fall against title chasers

ROSS Paterson claimed a consolation as Newmarket suffered a 3-1 home defeat at the hands of title-chasing Felixstowe & Walton in the Thurlow Nunn League, Premier Division.

He drilled the ball past the visiting goalkeeper after linking up nicely with his brother Scott Paterson, but the Jockeys were three goals behind at the time.

"To be fair, they're a very good side," said Newmarket manager Kevin Grainger. "Physically they were too strong for us all over the pitch.

"They started with a good tempo and got two goals early on from headers, which was disappointing as we don't normally concede those.

"Sean Hefferon has been out for three games with a dislocated knee and he might not be back before the end of the season, and we're missing him."

There was a point gained by Mildenhall from their trip to Kirkley & Pakefield, with a goalless draw.

"We played well in the first half and had a goal disallowed for offside," said boss Christian Appleford.

Athletics

Joggers' joy at Marathon efforts

NEWMARKET Joggers had a dream team of 11 runners competing in the Virgin London Marathon.

Paul Holley and Denys Olefir were in the championship pen among the likes of Mo Farah and Haile Gebrselassie.

Holley was targeting his personal best of 2hr 39min 35sec, but was sick after 10 mile so had to pull out. Olefir, who returned to his native Ukraine last year, was first to finish in 2:45.36.

The next Jogger across the line was Ben Blowes in 2:48.51, beating his personal best of 2009.

Robin Clifford battled an injury to finish in 2:55.49 and Martyn Taylor hailed 'the best day of his life' as he achieved a personal best 2:58.17.

Greg Davis crossed the line in 3:06.44 and running his first marathon in style, Gabriel Lowrie clocked 3:19.21.

Jonathan Muffett timed 3:32.45 in his first attempt at the London Marathon, David Cheese is a veteran 65 but he set a personal best of 3:47.10.

Ben Jay, who is only 19, ran 4:44.52 and the only lady Jogger, Briony Craven-Russell, timed 4:44.52.

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> Racing

THE NEW KING?: Kingman ridden by James Doyle wins the Aon Greenham Stakes at Newbury
PA

Doyle in awe of Kingman engine

JOCKEY James Doyle compared riding QIPCO 2000 Guineas favourite Kingman to driving a Ferrari following his scintillating display in the Greenham Stakes at Newbury last Saturday.

John Gosden's colt, who carries the Khalid Abdullah silks of the mighty Frankel, rocketed to the top of ante-posts lists for the first Classic of the season with a brilliant display, pulling four and a half lengths clear without being extended.

Plenty of talented opponents will be lying in wait on the Rowley Mile on May 3, with the much-vaunted Australia rated his biggest threat at this stage, but Doyle is quietly confident Kingman will come out on top.

He said: "It was a good performance. I was really pleased with him.

"His ability was not doubted, it was just a case of getting another run into him. That was a job well done.

"I was never really worried (during the race). His work has been very good. When I rode him in a piece of work, in two strides I was on top of the lead-horse so I was never concerned.

"He has got fantastic cruising speed, like Mr Gosden said. At the furlong pole when I asked him to go about his business, he dropped down a gear and got lower to the ground and picked up very well.

"It's like being in a Ferrari, coming around a bend and dropping down a gear.

"The closer to the line we got, the more he was drawing away.

"Proper good ground will be perfect for him (at Newmarket).

"You'd have to question whether one would be good enough to go past him (in the Guineas)."

Meanwhile, Christophe Soumillon has been booked to ride Noozhoh Canarias in the QIPCO 2000 Guineas at Newmarket on May 3.

Enrique Leon's three-year-old will become the first Spanish-trained horse to run in a British Classic when he takes his chance on the Rowley Mile next month, earning his place with an impressive comeback victory in Madrid at the end of March.

Jose Luis Martinez has guided Noozhoh Canarias to each of his four career victories, but Soumillon, who was in the saddle when the colt suffered his only defeat in last October's Prix Jean-Luc Lagardere at Longchamp, will get back on board at HQ.

Leon said: "Everything is going very well and we are more or less where we want to be ahead of the Guineas.

"I am travelling over to Newmarket on Wednesday (for the Craven meeting) and I am looking forward to it.

"The horse came out of his last race very well, he is much fitter and stronger now and we will see where we are next month.

"Christophe Soumillon will ride him at Newmarket."

Leon, who used to work for Newmarket trainer James Fanshawe and was once the work rider of the five-time Group One winner Soviet Song, is under no illusions about the task facing his stable star.

The trainer admits he was blown away by the brilliant display of John Gosden's new Guineas favourite Kingman in Saturday's Greenham Stakes at Newbury.

"I watched the race and it really was amazing," said Leon.

"It was a beautiful performance and he looks a very good horse.

"We want to know where we are and we will find out at Newmarket."

Noozhoh Canarias is a general 20-1 chance for the 2000 Guineas.

> Rugby union

Newmarket book place in play-offs

GARETH Godfrey was relieved to see Newmarket finally make certain of their play-off place with a 25-15 victory away to Ipswich YM.

Victory in the final game of the Green King IPA Eastern Counties One season clinched the runners-up spot for Newmarket and ensured they will have a shot at earning promotion.

The side had stumbled in recent weeks, but produced a performance when it mattered.

"It's good to get there in the end," said Newmarket team manager Godfrey.

"We've been struggling recently because we had two games where we lost on the last play of the game and a number of players out injured.

"Cumulatively, it has stacked up against us, but we've shown we can win even with a reorganised side and managed to get into the play-offs."

It was a nervous start from Newmarket, who had just three of the back line from the previous week playing in the same position, and the home side took the lead with an early penalty.

But when prop Ben Cooper powered over from 30 metres out after receiving from a line-out for an unconverted try, it gave the visitors a lead they would not relinquish.

Andrew Scott finished off a good move for the second try and Michael Reeves kicked the extras before also adding a penalty to put Newmarket 15-3 up at the interval.

Richard Harper got the third try when play resumed, with Reeves again converting, before Ipswich hit back with two tries of their own.

However, Reeves kicked a penalty from 45 metres out to settle any nerves and the last 10 minutes saw Newmarket camped in the opposition 22.

But they were unable to force their way over, even after Ipswich had a man sin-binned.

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Robert Nobbs the Hotel's General Manager said that "The natural flow from the Reception to the Bar and Restaurant has been enhanced with new fittings and a new layout, the entire area has been remodelled and we have introduced beautiful bespoke art work and custom designed flooring throughout that will bring the spaces together. We will be bringing a new menu and flavour to our dining options, whilst retaining our Carvery and will be offering the best in unique local cuisine. The next phase will see the refurbishment of our Meeting and Event rooms to include fantastic audio visual equipment which will enhance any event and promise a lovely new dining and meeting place for our guests and visitors. The feel of the hotel will be bright, modern and welcoming and the Personal service delivered by the Team in a warm and efficient manner really brings the refurbishment project to life."

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